

Improving lives together

Specialist Residential Service with Nursing for Adults with Learning Disabilities and / or Autism

Good

3 new self-contained flats coming soon

Hollyhurst is a specialist residential service with nursing, supporting people with learning disabilities and complex needs in Darlington, County Durham. The specialist MDT led team support people who have additional mental or physical health needs and behaviours that may challenge.

The team specialise in taking people who are in a crisis. Depending on the individual's level of need, we provide different levels of support within five areas.



Mixed Gender



18+ years



22 placements

Hollyhurst offers accommodation for 22 individuals, through a core and cluster model that balances independence with community living.

The main house: contains two self-contained flats alongside separate accommodation for six individuals who live communally, sharing two lounges, two kitchens, and a dining room to support social connection. A further two individuals share a self-contained lodge within the grounds.

The remaining residents: have their own self-contained flat, studio, or bungalow, offering a greater level of privacy and independence, while still having the option to socialise with others in communal spaces.

Hollyhurst encourages independence wherever possible, however, as everyone is at a different stage of their personal journey, there is a **dedicated support team on hand to help with day-to-day tasks** such as cooking and cleaning - ensuring every individual is supported according to their own level of need.

Our service at a glance

Hollyhurst is a detached period property set in its own private gardens, which is accessed by a private tree-lined driveway. Located in the town of Darlington, the people we support have access to a great range of recreational and leisure facilities as well as being just a short drive away from some beautiful County Durham countryside.

Hollyhurst has a dedicated activity coordinator who supports individuals to have individual activity plans, which are created based on each person's likes and hobbies. The team enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Hollyhurst for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team can offer specialist input based on individual need to deliver flexible and effective support.



The people we support:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability or autism, accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical health needs



'Good' by the
Care Quality
Commission (CQC)



Extensive links with local community facilities

for people with learning disabilities including; performing arts, vocational colleges and volunteering opportunities

Service is currently being
extensively refurbished and
developed to meet the needs of the
individuals we support



Gardens
providing space
for individuals to play
sports or relax with
friends and family



Easy read
and other
accessible
information
available
to individuals



Supporting
people to go
on holidays and
day trips



**On-site Multidisciplinary
Team (MDT)** consisting of RMN
& RNLD nurses, occupational
therapy, speech and language
therapy, psychology and psychiatry



**Host regular parties for
families and individuals**
from other local Cygnet learning
disabilities services

**Independent
advocate
visits** service
multiple times per
week



Maintain and promote family involvement
& contact where appropriate



I honestly cannot praise you or your staff team enough. The support they are providing and have done since the minute you started to work with her has been of such a high level. – **Care professional**



Our facilities:

- > Multiple lounges
- > Communal dining room
- > Gardens
- > Café area
- > Bespoke accommodation for individuals with more complex support needs
- > Life skills kitchen

Our community links:

- > Shops and restaurants
- > Swimming pools and leisure centres
- > Vocational opportunities
- > Community facilities specialising for individuals with learning disabilities
- > Great transport links



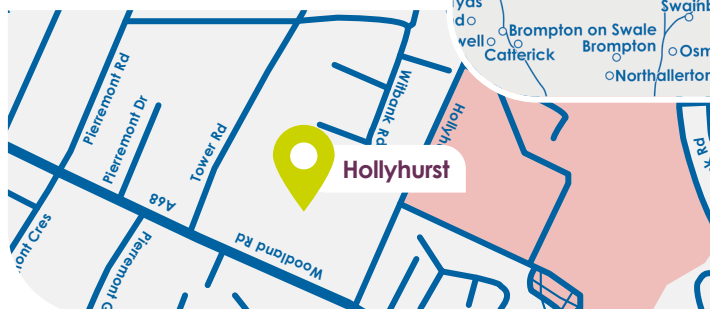
For more information or to make
a referral, please contact your
regional Business Relationship
Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Hollyhurst
118 Woodland Road, Darlington,
County Durham DL3 9LN

Phone number
01325 252 002



CYG-765 | Date of Preparation: 15/07/26

Please visit cygnetgroup.com for more info | Follow us on social media: [f](#) [i](#) [in](#)

Integrity

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Care