

Improving lives together

## Specialist Residential Service with Nursing for Adults with Learning Disabilities and/or Autism

Hollyhurst, Darlington

Good

Placements available now accepting referrals

Hollyhurst is a specialist residential service with nursing, supporting individuals with learning disabilities and complex needs in Darlington, County Durham. The specialist MDT led team support individuals who have additional mental or physical health needs and behaviours that may challenge.

The team specialise on taking people who are in a crisis. Depending on the individual's level of need, we provide different levels of support within 3 areas:

**14 beds in the main house** - there are a number of living areas including a quiet lounge and two large communal lounges. In addition the service has a resident's café, life skills kitchen, IT room as well as a relaxation room. Everyone has their own bedroom, some of which are en-suite, which they are encouraged to decorate and personalise to suit their own personal style.

**4 single occupancy flats** – these bespoke flats provide individuals with more complex support needs in their own space to live more independently with staff support. We support individuals to gain the skills needed for moving on to supported living.



Mixed Gender



18+ years



22 beds in 4 living areas

**Hollyhurst Lodge** – within the grounds, this 2 bedroom bungalow is a bespoke self-contained service delivering 24 hour support for two individuals. This service was specially designed in partnership with local commissioners and community teams to provide personalised support for two adults with complex needs.



## Our service at a glance

Hollyhurst is a detached period property is set in its own private gardens which is accessed by a private tree-lined driveway. Located in the town of Darlington, the residents have access to a great range of recreational and leisure facilities as well as being just a short drive away from some beautiful County Durham countryside.

Hollyhurst has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. The team enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Hollyhurst for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team can offer specialist input based on individual need to deliver flexible and effective support.



### Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability or autism, accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical health needs



'Good' by the Care Quality Commission (CQC)



### Extensive links with local community facilities

for people with learning disabilities including; performing arts, vocational colleges and volunteering opportunities

Service is currently being extensively refurbished and developed to meet the needs of the individuals we support



Gardens providing space for individuals to play sports or relax with friends and family



Easy read and other accessible information available to residents



Supporting residents to go on holidays and day trips



On-site Multi-Disciplinary Team (MDT) consisting of RMN & RNLD nurses, occupational therapy, speech and language therapy, psychology and psychiatry



Host regular parties for families and individuals from other local Cygnet learning disabilities services

Independent advocacy visits service multiple times per week



Maintain and promote family involvement & contact where appropriate



### Our facilities:

- Multiple lounges
- Communal dining room
- Gardens
- Café area
- Bespoke accommodation for individuals with more complex support needs
- Life skills kitchen

"I honestly cannot praise you or your staff team enough. The support they are providing and have done since the minute you started to work with her has been of such a high level." - Care professional

### Our community links:

- Shops and restaurants
- Swimming pools and leisure centres
- Vocational opportunities
- Community facilities specialising for individuals with learning disabilities
- Great transport links

### Where are we?

Hollyhurst  
118 Woodland Road, Darlington, County Durham, DL3 9LN

Phone number  
01325 252002



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Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media:



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