

Improving lives together



Specialist Residential Service with Nursing for Men with Learning Disabilities and Complex Needs

Old Leigh House, Essex

Good

Placements now available

Old Leigh House supports men living with a learning disability and complex needs. The team can also support those who have mental and physical health needs, as well as behaviours that may challenge and a history of offending.

Old Leigh House is a spacious semi-detached house, offering pleasant views overlooking a park. The service provides a choice of lounges and communal areas for the people we support to enjoy, along with a small garden at the back of the house. This home has been specially adapted, including an accessibility lift, to ensure full support for individuals with mobility needs.



Male



18+ years



6 Placements



The people we support:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have a forensic history
- > May have autism
- > May have mental or physical health needs

Our service at a glance

The people we support can enjoy a wide range of activities at the seaside towns nearby, with many coastal walks to enjoy, as well as some lovely beaches. They can also visit the shops or take part in local activities, such as bowling, going to the theatre, visiting the zoo, go karting or going to the cinema. The service also benefits from being within easy access to two main train lines into London.

Old Leigh House has a dedicated occupational therapist and activity coordinator who help the people we support to have individual activity plans, created based on their likes and hobbies.

Their goal is to enable people to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Old Leigh House for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team at Old Leigh House can offer specialist input based on individual need to deliver flexible and effective support.





“I feel the staff caring for my son are very competent and they go above and beyond in order to do their job in the best way.”
- Family member

Our community links:

- > Excellent transport links to London
- > Colleges
- > Bowling
- > Shops
- > Theatre
- > Coastal walks and beaches



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Old Leigh House
3 Old Leigh Road, Leigh-on-Sea,
Essex SS9 1LB

Phone number
01702 711 111



CYG-629 | Date of Preparation: 18/08/25

Please visit [cygnetgroup.com](https://www.cygnetgroup.com) for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care