

# Specialist residential service with nursing for adults with learning disabilities

**Oaklands, Hexham**

**Now taking referrals**



Oaklands is a specialist residential service with nursing, supporting individuals with learning disabilities and complex needs in Hexham, Northumberland. The team support individuals who have additional mental or physical health needs and behaviours that may challenge.

Oaklands is split into 2 sections, the main house and single occupancy flats.

**5 single occupancy flats** - These self-contained living areas provide the opportunity for 5 individuals with more challenging needs to live in their own space with staff support. Each flat has a lounge, kitchen/diner, en-suite bedroom as well as a staff observation area. In addition one of the flats is located away from the main house and has its own front door and garden.

**10 en-suite bedrooms** with multiple lounge and dining facilities. Other facilities within the service that are accessible for all individuals include a sensory room, large garden, café area and a conservatory.



**Mixed gender**



**15 beds**  
(10 + 5 single occupancy flats)



**18+ 18+ years**



## Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have autism
- > May have mental or physical health needs
- > May present with communication challenges

## The service at a glance

Oaklands is a large detached property with extensive living areas. Close to the historic market town of Hexham, residents can access a good choice of recreational and leisure facilities. These include a swimming pool, a library, parks and shops, as well as the beautiful surrounding countryside.

Oaklands has a dedicated activity coordinator who supports residents to have individual activity plans, created based on each person's likes and hobbies. Individuals are supported to plan menus, shop and prepare food with support to increase their daily living skills in readiness for moving on.

**Our goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their needs.**



## Our facilities:

- > En-suite bedrooms
- > Multiple lounges
- > 2 dining rooms
- > Activity space
- > Large garden with seating and allotment
- > Sensory room
- > Café area
- > 5 individual flats with their own lounge, kitchen diner and en-suite bedroom

## Our community links:

- > Shops and restaurants
- > Swimming pools and leisure centres
- > Hadrian's Wall
- > Queen's Hall Arts Centre
- > Beautiful countryside including Hadrian's Wall and local farms during lambing season
- > Vocational opportunities
- > Community centres specialising for individuals with learning disabilities

Support residents to have **annual holidays**



**Easy read** and other **accessible information** available to residents



On-site **sensory room**

Individuals supported to access **local volunteering opportunities**



**Large garden** including picnic area, local wildlife including pheasants, a greenhouse and vegetable patch



Weekly **Makaton signing café**

**On-site Multi-Disciplinary Team (MDT)** consisting of nurses, occupational therapy, speech and language therapy, psychology and psychiatry



Regularly setting resident's goals to **encourage development and independence**



Consistently **100%** of individuals achieve over **25 hours** of activities each week



Extensive links with **local community day services**



Homely environment with **24/7 support**



For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

### Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

### Oaklands

Anick Road, Hexham,  
Northumberland NE46 4JR

**Phone number**  
01434 600 684

