

*Improving lives together*

# Specialist Residential Service with Nursing for Adults with Learning Disabilities



Located in the heart of a residential community in Lockerbie, Trinity House is a specialist residential service with nursing, supporting adults with learning disabilities and complex needs. The team also support individuals who have behaviours that may challenge and associated mental or physical health needs.



Mixed  
Gender



18+ years



13 placements  
in 2 living areas



## The people we support:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have autism
- > May have mental or physical health needs

## Our service at a glance

Trinity House has 11 en-suite bedrooms in a detached period property set away from the main road. There is a choice of living areas, a bright dining room, an activities room and a life skills kitchen. Outside there is a large garden where the people we support grow their own vegetables and they have chickens who provide eggs for the service.

Also in the grounds is a 2 bed bungalow, this part of the service supports those who are making their move towards more independent living. As well as its own kitchen and living space, the bungalow also has its own private garden.

The team at Trinity House are focused on ensuring that people are part of their local community and can access education, employment and other opportunities to meet their needs. Individuals are supported at local paid and voluntary work placements, as well as at living and vocational skills courses at the local college.

The individuals at Trinity House may be stepping down from hospital provision or may need a more robust package of care than can be provided in supported living. They may also be on a journey towards a place of their own.



100% of individuals achieve over 25 hours of **meaningful activity** each week



People are supported to attend **college courses**



Inspected and rated with 4's and 5's with the Care Inspectorate



**Person-centred recruitment**

People we support are part of the staff interview panel



Supporting individuals to access **local volunteering opportunities**

**Quarterly charity events**

ran in aid of local charities



Values board in communal area to gain **feedback**



**On-site Multidisciplinary team** consisting of psychology and speech and language therapy



**Within the grounds, people grow their own vegetables** and have chicken's to provide their eggs



**Large garden** for entertaining

**Monthly themed events**



Handyman provides **woodwork workshops**



### Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Choice of living areas
- > Dining room
- > Activities room
- > Life skills kitchen
- > Garden with greenhouses and seating areas

### Our community links:

- > Leisure centres
- > Hydrotherapy and sensory centres
- > Social clubs
- > Shops and cafés
- > Colleges and work placement settings
- > Local river for fishing



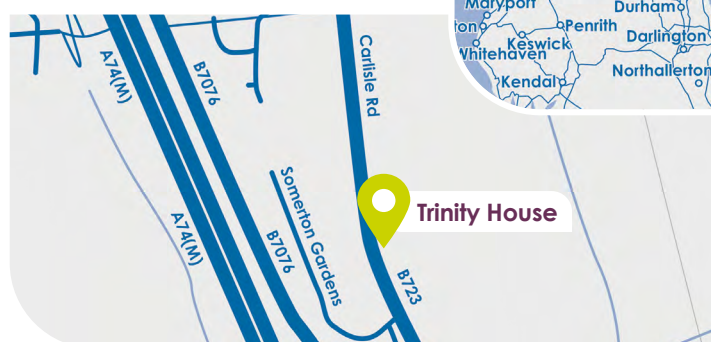
For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Trinity House**  
38 Carlisle Road, Lockerbie,  
Scotland DG11 2DS

**Phone number**  
01576 204 676



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