Improving lives together

Specialist residential service with nursing for adults with learning disabilities and complex needs

Hope House, Hartlepool

Good

Newly refurbished, now accepting referrals

Hope House is a residential service providing outcome focused care for adults with a learning disability and associated complex needs who may have behaviours that challenge.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.









Cygne

Our resident profile:

- > Adults from the age of 18 years
- Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex need



Our service at a glance:

The service is split into 2 neighbouring properties Hope House (no. 59) and Hope Lodge (No. 57). This newly refurbished service consists of a number of bespoke self-contained flats, studio flats and en-suite bedrooms providing personalised support. Externally we have a lovely spacious garden where individuals are supported to grow their own plants and vegetables.

- ➤ Hope House has 5 self-contained flats, which host a bathroom, a kitchenette and a living / dining room. In addition, Hope House also has a studio flat.
- ➤ Hope Lodge has one en-suite bedroom and three individual flats, each with their own lounge. In addition to this private space, Hope Lodge also has a spacious dining kitchen and a lounge, enabling the individuals living here to socialise and develop their independent living skills.

Promoting an individual's independence is very important at Hope House, so we ensure that we have a robust transition plan in place so that we can focus on the needs of that individual. The team ensure that the support provided is person-centred to each resident. Everything we do is catered around their needs, whether that be going out on an excursion, visiting their families or perhaps even making their own cup of tea.

Hope House is in Hartlepool within walking distance to the town centre where there is an abundance of community facilities available, including colleges, swimming pools, a cinema, shops and a gardening club. In addition just a 10 minute drive from the service, you will find Hartlepool Marina which is an 18th century seaport that features an abundance of bistros, bars, cafes, restaurants and entertainment options.



Residents are encouraged to **cook** and prepare their own food independently or with staff support



Homely environmer with 24 hours support



The name Hope House was chosen by one of the first residents of the service as he said, "I am always hoping for something and always hoped to live in this area"



involvement where appropriate

Supporting individuals to be independent, develop life skills and take part in activities and hobbies of their choice



Links with local community to support educations, work placements and activities

Easy read and other accessible information available to all residents



Supporting individuals to enhance their skills and social circles





Our community links:

- Colleges
- > Swimming pools and gyms
- Cinema
- > Shops
- Restaurants, pubs and cafes
- Discos
- > Gardening club
- Hartlepool Marina
- > Town centre
- > Short drive from local beaches



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement











