

Improving lives together

High Dependency Complex Care Service for Adults with Learning Disabilities and Complex Needs and Behaviours

Cygnnet Wallace Hospital, Dundee

**NEW Beds
Opening 2026**

Situated in a residential area of Dundee, Cygnnet Wallace Hospital is a specialist high dependency complex care service providing assessment and treatment for individuals with learning disabilities, with or without autistic spectrum disorder, as well as complex needs and behaviours.

The team can also support those who have additional mental or physical health needs, as well as those who have been detained under the Mental Health (Care and Treatment) (Scotland) Act. We accept emergency referrals and the team are experienced in managing them quickly and efficiently, to ensure smooth transitions.



Mixed
gender



18+ years



18 beds (additional
2 beds coming soon)

Our service user profile:

- > Primary diagnosis of learning disability and mental health complex needs
- > May have a secondary diagnosis of mild autism
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and/or multiple diagnoses
- > May be detained under the Mental Health Act (Care and Treatment) (Scotland) Act 2003
- > May have a history of repeated hospital admissions
- > May have a forensic history



NEW - Additional Beds Opening Autumn 2026

Later this year, two additional beds will open in an onsite flat. Each individual will have their own en-suite bedroom and lounge. This dedicated space has been designed for individuals who may have additional needs or who find busy environments challenging. While enjoying this private space, residents will still benefit from full access to the therapies and activities offered on the main ward including community meetings and group events, should they wish to participate.

Our service at a glance

At Cygnnet Wallace Hospital, we are proud to provide a specialist service focused on recovery, independence and positive outcomes for the individuals in our care. Our experienced multidisciplinary team works collaboratively to create personalised care pathways that support each person to reach their full potential.

Our ever-evolving service offers a safe, therapeutic and structured environment, supported by experienced clinical leadership and a compassionate team.

Cygnnet Wallace Hospital is a detached purpose-built building, which enables people to receive bespoke, person-centred support to move through a full recovery pathway. The recent renovations have upgraded the facilities throughout the service to provide a calm, homely and modern environment.

The service is split into multiple areas supporting individuals with different levels of need. This creates a care pathway within Cygnnet Wallace Hospital from more acute, intensive support towards residential-based support.

Cygnnet Wallace Hospital is located in the city of Dundee, which has an extensive array of community amenities to access, including leisure centres, social clubs, shops, colleges, and work placement settings. Service users can also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

The service has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.



Breakfast club
ran by service user

Homely environment
with 24/7 support

Personalised swimming lessons
for service users

Supported on person-centred **day trips and outings**

Person-centred **menu planning**

On-site multi-disciplinary team consisting of nurses, occupational therapy, speech and language therapy, psychologists, psychiatrists

Supporting individuals to access the community

Animal therapy

Service users are supported to **grow plants in the garden**



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Wallace Hospital
119 Americanmuir Road,
Dundee DD3 9AG

Phone number
01382 819 910



CYG-1194 | Date of Preparation: 27/04/26

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care