

*Improving lives together*

# Specialist Residential Service for Adults with Learning Disabilities

**The Orchards, Essex**

**Good**



**Placements  
now available**

**Based in Thorington, Essex, The Orchards supports men with a learning disability, and those who have complex needs and behaviours.**

At The Orchards, each individual we support is unique; they have their own goals, needs, and interests. We work with each person we support to ensure that their life is filled with activities they enjoy, whilst also supporting them to develop their life skills to enable them to live independently. We are proud at The Orchards to have a great track record in enabling individuals to step down along their care pathway into supported living.



**Male**



**18+ years**



**5 placements**

## **The people we support:**

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## **Our service at a glance**

Externally there is a large, well-maintained garden, where individuals participate in gardening and enjoy growing their own vegetables. The garden has a seating area for relaxing or hosting barbeques and an outdoor gym. The outside area at The Orchards also boasts an activities centre, where residents can take part in an array of activities including weekly clay sessions with a specialist tutor.





Rated 'Good' with the CQC ★★

Well equipped outdoor gym located in the garden



Individuals are supported to go on holidays and day trips of their choice



Individuals attend Supported Learning College for courses such as IT safety, cooking and construction



Regular themed days – the people we support celebrate by decorating the service and having parties



Promote family involvement and facilitate home visits regularly



Host annual 'end of summer party' for local Cygnet Social Care services



Access to a private swimming pool for the people we support each week



Homely environment with 24/7 support



### Our community links:

- > Pubs, cafés and restaurants
- > Shops
- > Colleges
- > Swimming pool
- > Local park on the waterfront
- > Beaches
- > Excellent transport links

### Our facilities:

- > 5 large en-suite rooms
- > Full-size outside gym
- > Lounge
- > Dining room
- > Kitchen
- > Activity centre
- > Spacious garden with room for external activities and BBQs

"I would like to let you and your team know how pleased we are as a family. Our son spent the day with the whole family on Monday and everyone remarked afterwards how much calmer he seems and how his demeanour has changed already for the better in such a short space of time." **Family Member**

"We embrace each individual's uniqueness and ensure that we support them to live the life they want to." **Service Manager**



For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

The Orchards,  
Station Road, Thorington,  
Essex CO7 8JA

Phone number  
01206 250676



CYG-1072 | Date of Preparation: 02/09/25

Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media: [f](#) [i](#) [in](#)

Integrity

Trust

Empower

Respect

Care