

Improving lives together

# CAMHS Low Secure Service

Griffin Ward,  
Cygnets Hospital Sheffield,  
Yorkshire & Humber

Good



Accepting  
Referrals



Griffin Ward is a 15 bed low secure service that positively supports young people who may need a longer stay in an inpatient setting within a low secure environment. It offers a care and treatment pathway for individuals who may have complex mental health issues and other complex needs.

The ward focuses on working with individuals to understand their mental health and their risks and support their recovery. This enables them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse.

Having a PICU, a general adolescent acute service and a low secure service on one site provides a clear therapeutic pathway through the services.

There is a diverse educational programme in place, so that young people can continue their education at the same time as receiving treatment. Education is provided by our on-site Phoenix School, which was rated outstanding in all areas by Ofsted.



Mixed



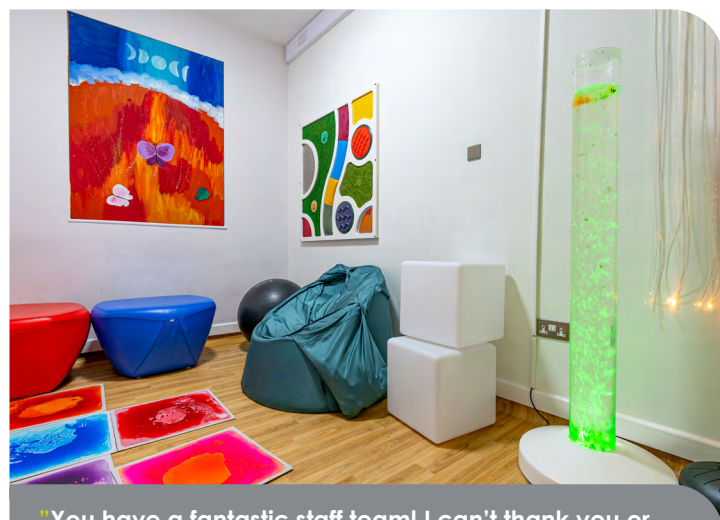
12-18 years



15 beds

## Our service user profile:

- > Males and females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Substance misuse - providing there is a primary diagnosis of a mental health problem
  - Emotional, social and behavioural difficulties
  - Borderline/mild learning disability as a secondary diagnosis
  - Autism spectrum disorders, with a mental health primary diagnosis
- > May have a forensic history



"You have a fantastic staff team! I can't thank you or them for the amount of support I receive day in day out! I have never made this much progress in my time in hospital. I have found hope again. I am thriving and I could never do it without your staff team." **Young person**

"Our son's 'look on life' has improved immensely and believe this is down to the professional and helpful staff they have on hand, which is 24-7. The staff are also fantastic at putting loved ones at ease, giving advice and comfort where possible." **Parent**



## Our facilities:

- > En-suite bedrooms
- > 3 separate lounges
- > Multi faith room
- > Gym
- > Sensory room





Individuals have access to a variety of activities including

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips
- > Individual and group community activities
- > Board games
- > Playstation and Wii

Young people are able to continue their education through access to our on-site Ofsted-registered school, **Phoenix School**



★ ★ ★ ★ ★  
Rated **Outstanding** in all areas by Ofsted



Spacious communal and outdoor areas



Bespoke packages of care for young people who may struggle within a busy ward environment



Our average length of stay for young people discharged in 2023 was

**12**   
months

#### Full Multi-disciplinary Team (MDT) input including

- > Consultant Psychiatrist
- > Speciality Doctor
- > Forensic Psychologist
- > Family Therapist
- > Assistant Psychologists
- > Art Therapist
- > Occupational Therapist
- > Occupational Therapy Assistants
- > Speech and Language Therapist
- > Social Workers
- > Clinical Team Leaders
- > Nurses
- > Support Workers

#### Proud to be a certified Triangle of Care member.



The Triangle of Care is an alliance between carers, service users and health professionals.

It aims to promote safety and recovery and to sustain wellbeing in mental health by including and supporting carers.



For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**



#### Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

#### Where are we?

**Cygnet Hospital Sheffield**  
83 East Bank Road, Sheffield,  
South Yorkshire,  
Yorkshire & Humber S2 3PX

**Phone number**  
**0114 279 3350**



CYG-965 | Date of Preparation: 25/07/24

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