

Improving lives together



Low Secure Mental Health Service for Men

Saltwood Ward,
Cygnets Hospital Maidstone, Kent

Accepting
Referrals

Saltwood Ward provides a 16 bed low secure service for men with enduring mental illness, including those with a personality disorder at Cygnets Hospital Maidstone, Kent.

The multidisciplinary team (MDT) is integrated and work as one, sharing expertise. We work closely with the local Trust, who have extensive community links and resources. On-site, for men that require an additional period of rehabilitation before moving on, we have Kingswood Ward, a High-Support Inpatient Rehabilitation Service.

Cygnets Hospital Maidstone is a core and active provider partner in the South East (KSS) Provider Collaborative for Adult Secure Services. The primary focus of the partnership is to be able to offer secure care within the South East region when a service users requires it. Also to keep lengths of stay within secure services as appropriately short as possible, while achieving the treatment goals set out. The Provider Collaborative Case Manager oversees the quality and care of our KSS patients.



Male



18+ years



16 beds

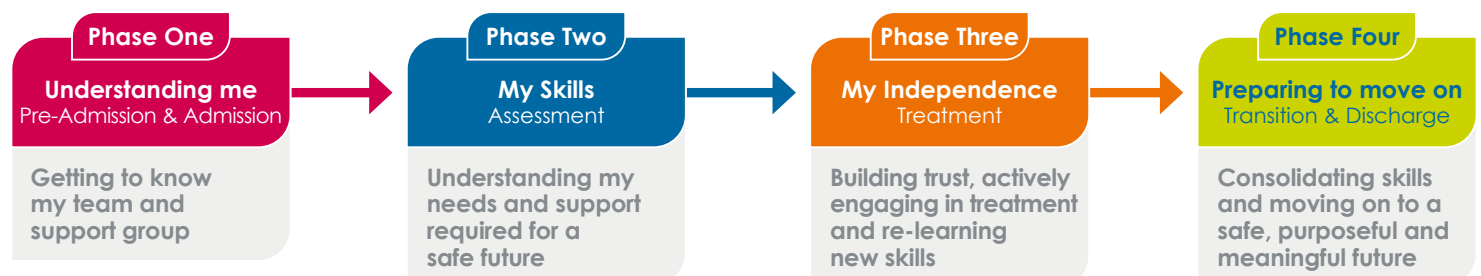
Our service user profile:

- > Men, aged 18+
- > Detained under the Mental Health Act
- > Requiring assessment and treatment in a secure environment
- > Presenting active or potential risk to others
- > Diagnosis of:
 - Severe and enduring mental health problems
 - Psychotic disorder
 - Schizoaffective disorder
 - Schizophrenia
- > May be exhibiting dangerous and challenging behaviour
- > May have a dual diagnosis with substance abuse
- > May require a specialist service for treatment or management of personality disorder
- > May have a forensic history

"Thank you all so much for the work you do on the ward, and in the community, with all the patients."

- External health professional

Our Model of Care



Click or scan
here to take
a virtual tour



In the last 18 months,
82% of the men
discharged were able to
**move to a similar or
less restrictive service***

*Data from May 24 - Nov 25

Inter-ward **celebrations and activities**



Proud to be accredited by the **Triangle of Care**

The Triangle of Care
is an alliance between
carers, service users
and health professionals.

It aims to promote
safety and recovery
and to sustain wellbeing
in mental health by
including and
supporting carers.



Plenty of therapeutic outdoor space including gardens, allotment, picnic area and nature trail



Supporting men to develop the skills they need to **return to community living**



"I have been kept up to date with my son's journey
towards discharge, and informed at every stage, which
is also extremely helpful and much appreciated. Carers'
Support has been communicative and informative."
- Parent

Our daily activity programme:

- > Social group
- > Self-harm management
- > Anger management
- > Dietetic assessment and advice
- > Life skills
- > Education
- > Recovery groups
- > Ward based activities
- > Daily planning meeting
- > Current affairs group
- > Recreational activities
- > Relaxation
- > Gardening
- > Art Group

Our facilities:

- > En-suite bedrooms
- > Extensive social and recreational space
- > Activities of Daily Living (ADL) kitchen
- > Safe outdoor space
- > Gym
- > Music room
- > Quiet room
- > Multi-faith room
- > Visitors / family room



Make a referral

- 1 Referral made to your **regional NHS Partnerships Manager**
or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our
management team
- 3 Feedback provided on whether our service can meet
the individual's needs
- 4 Assessment pack formulated including care plans and
funding information
- 5 Admission agreed and plans for transition arranged
with referring team following confirmation of
acceptance of placement

Where are we?

Cygnnet Hospital Maidstone
Gidds Pond Way, Off Newnham Court
Way, Weaving, Maidstone ME14 5FY

Phone number
01622 580 330



CYG-1014 | Date of Preparation: 05/12/25

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Integrity

Trust

Empower

Respect

Care