# Improving lives together

Specialist residential service for men with learning disabilities





4, 5, 7 The Sycamores is a residential service in Normanton, Derbyshire. This homely service supports six men with learning disabilities, who may also have a secondary diagnosis of autism spectrum disorder.

We empower each individual to function to a higher therapeutic level with careful consideration of staffing interventions and clinical input. This gives our residents the freedom and independence to flourish and develop their skills.









### Our resident profile:

- > Male, aged 18+ years
- Primary diagnosis of mild / borderline learning disability
- > May have autism spectrum disorder
- May be informal or on a Deprivation of Liberty Safeguards (DoLS)
- > May be on a Community Treatment Order (CTO)

# Our service at a glance

The service is made up of three, two bed bungalows with a shared spacious garden and outdoor seating. Each bungalow has its own open plan lounge and kitchen where individuals are supported to develop their daily living skills. In addition, each bungalow has two en-suite bedrooms and the men we support are encouraged to personalise their own space.

Each resident receives an individualised care and support plan which is tailored to their own needs. This helps enable them to achieve successful community living and break a cycle of placement breakdown.

4, 5, 7 The Sycamores is located in the picturesque market town of South Normanton and two miles away from the busy Alfreton town centre. Residents have access to all the local amenities to ensure full integration into community life.



**Dual occupancy bungalows** 

enabling individuals to develop skills before stepping down to independent living



available to residents



**Trained staff** are shared across 3 bungalows, however extra 1:1 or 2:1 support can be provided



**Homely** environment with 24-hour support



Supporting individuals

to enhance their social skills and fulfill their potential



for residents to enjoy

Weekly resident's meetings and People's Council involvement

Links with

Full MDT Support available for residents with an assistant psychologist available two days a week



are available as required





# Our community links:

- > South Normanton Hub providing training opportunities
- Local colleges
- Library
- Local gym and leisure centre
- McArthurGlen shopping outlet
- Local high street
- > Great public transport links
- > Derbyshire Peak District
- Tissington Trail & High Peak Trail

## Our facilities:

- Spacious garden with outdoor seating
- Three, two bed bungalows
- En-suite bedrooms
- Each bungalow has its own open plan lounge and kitchen where residents are supported to develop their daily living skills



For more information or to make a referral, please contact your regional Business Relationship Manager or email:

sc.referrals@cygnethealth.co.uk

- Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- Feedback is provided on whether our service can meet the individual's needs
- Detailed placement proposal is formulated to include care plans and funding information
- Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

#### Where are we? 4. 5. 7 The Sycamores South Normanton.

Derbyshire, East Midlands **DE55 3BJ** 



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