

Improving lives together

CAMHS Intensive Support Service

**Mulberry Ward,
Cygnnet Bury Forestwood, North West**

Good

Accepting
referrals

Mulberry Ward is our CAMHS Intensive Support service for young people who require inpatient care within a robust and therapeutic setting. The service delivers tailored treatment packages in a safe, age-appropriate environment to reduce the risk of harm to self and others by improving their mental health.

We look towards discharge from the point of admission, ensuring all of the young people we support have a clear pathway to the next stage of their recovery journey.

The team are experienced in supporting young people with co morbidities, including disordered eating, and can provide naso-gastric (NG) feeding on the ward where deemed clinically appropriate.

There is a diverse educational programme teaching a range of subjects available at the on-site school, Forestwood School, which is rated 'Good' by Ofsted and holds the National Autism Society's accredited-status.



Female



12-18 years



12 beds

Our service user profile:

- > Females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
 - Psychosis
 - Self-harm and / or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Disordered eating
 - Substance misuse – providing there is a primary diagnosis of
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability or Autism as a secondary diagnosis
- > May have a forensic history

“The staff were caring and supportive, and went above and beyond for me. - Young person”

At a glance

We recognise that most of the young people we support will have suffered trauma and adverse experiences. We are committed to delivering trauma-informed care in a compassionate and nurturing environment. We aim to equip individuals with the tools required to be successfully discharged, and reduce the chance of future relapse.

A multidisciplinary approach called the Biopsychosocial Model is at the heart of treatment plans and is comprised of; Pharmacotherapy, Psychological interventions such as Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT), family therapy, occupational therapy, creative therapies, speech and language therapy and social work related interventions.

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Gym
- > Training kitchen to support skills development
- > Therapy room
- > Multi-faith room





Individuals have access to a variety of activities including:

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips including the seaside and zoo
- > Individual and group community activities
- > Board games
- > Xbox and Wii

Bespoke packages of care

for young people who may struggle within a busy ward environment



Onsite gym and large outdoor sports areas



Supporting young people access

apprenticeships and employment in the community



80%

of young people discharged in the last 12 months were able to step down to a less restrictive service



*based on discharges Sept 24 - Oct 25

Young people are able to continue their education through access to our on-site Ofsted-registered school, Excel and Exceed Centre



Person-centred meal planning

including shopping and cooking



Weekly community meetings,

individuals have their say on the way the service is run including making plans for the weekend



Full Multi-Disciplinary Team (MDT) input including

- > Specialty doctor
- > Psychologist
- > Social worker
- > Occupational therapist
- > Ward manager
- > Consultant psychiatrist
- > Clinical psychologist
- > Speech and language therapist
- > Clinical team leaders
- > BACP registered therapists
- > Nurses
- > Healthcare assistants
- > Social workers
- > Family liaison officer
- > Family therapist CAMHS lead



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnat Bury Forestwood
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



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