

Improving lives together

CAMHS Intensive Support Service

**Mulberry Ward,
Cygnet Bury Forestwood, North West**

Good

Mulberry Ward is our CAMHS Intensive Support service for young people who require inpatient care within a robust and therapeutic setting. The service delivers tailored treatment packages in a safe, age-appropriate environment to reduce the risk of harm to self and others by improving their mental health.

We look towards discharge from the point of admission, ensuring all of the young people we support have a clear pathway to the next stage of their recovery journey.

The team are experienced in supporting young people with co morbidities, including disordered eating, and can provide naso-gastric (NG) feeding on the ward where deemed clinically appropriate.

There is a diverse educational programme teaching a range of subjects available at the on-site school, Forestwood School, which is rated 'Good' by Ofsted and holds the National Autism Society's accredited-status.

“ The staff were caring and supportive, and went above and beyond for me. - Young person



Accepting
referrals



Female



12-18 years



12 beds

Our service user profile:

- Females aged 12-18 years
- Detained under the Mental Health Act
- Diagnosis of:
 - Psychosis
 - Self-harm and / or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Disordered eating
 - Substance misuse – providing there is a primary diagnosis of
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability or Autism as a secondary diagnosis
- May have a forensic history

At a glance

We recognise that most of the young people we support will have suffered trauma and adverse experiences. We are committed to delivering trauma-informed care in a compassionate and nurturing environment. We aim to equip individuals with the tools required to be successfully discharged, and reduce the chance of future relapse.

A multidisciplinary approach called the Biopsychosocial Model is at the heart of treatment plans and is comprised of; Pharmacotherapy, Psychological interventions such as Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT), family therapy, occupational therapy, creative therapies, speech and language therapy and social work related interventions.



Our facilities:

- En-suite bedrooms
- Spacious communal areas
- Outdoor sports areas
- Gym
- Training kitchen to support skills development
- Therapy room
- Multi-faith room





Full Multi-Disciplinary Team (MDT) input including

- > Specialty doctor
- > Psychologist
- > Social worker
- > Occupational therapist
- > Ward manager
- > Consultant psychiatrist
- > Clinical psychologist
- > Speech and language therapist
- > Clinical team leaders
- > BACP registered therapists
- > Nurses
- > Healthcare assistants
- > Social workers
- > Family liaison officer
- > Family therapist CAMHS lead



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Bury Forestwood
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



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