

Improving lives together

CAMHS Low Secure Service

**Mulberry Ward,
Cygnnet Hospital Bury - Forestwood,
North West**

Accepting
referrals

Mulberry Ward is a CAMHS low secure service for girls aged 12 - 18 with complex mental health needs. We offer a care and treatment pathway for those who require support in a low secure environment.

The service focuses on working with young people to understand their mental health, their risks and support their recovery, enabling them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse and likelihood of requiring a secure service in the future.

There is a diverse educational programme teaching a range of subjects available at the on-site school, Excel and Exceed Centre, which is rated 'Good' by Ofsted.



Female



12-18 years



12 beds

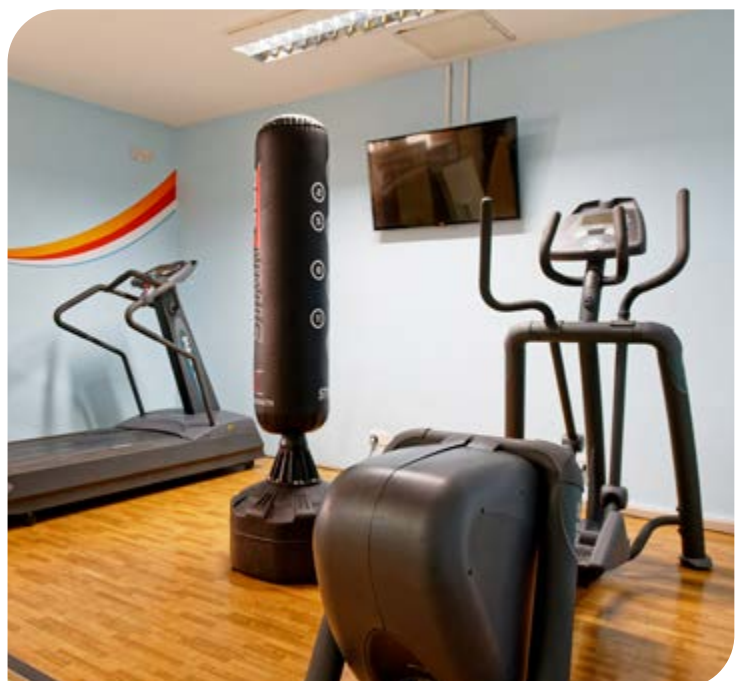
Our service user profile:

- > Females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
 - Psychosis
 - Self-harm and/or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Substance misuse – providing there is a primary diagnosis of a mental health problem
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability as a secondary diagnosis
 - Autism spectrum disorders, with a mental health primary diagnosis
 - May have a forensic history



Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Gym
- > Training kitchen to support skills development
- > Therapy room
- > Multi-faith room





Individuals have access to a variety of activities including:

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips including the seaside and zoo
- > Individual and group community activities
- > Board games
- > Xbox and Wii

Bespoke packages of care

for young people who may struggle within a busy ward environment



Onsite gym and large outdoor sports areas



Supporting young people access apprenticeships and employment in the community



100%

of young people discharged in 2023 were able to step down to a less restrictive service



Young people are able to continue their education through access to our on-site Ofsted-registered school, Excel and Exceed Centre



Person-centred meal planning including shopping and cooking



Weekly community meetings,

individuals have their say on the way the service is run including making plans for the weekend



Full Multi-Disciplinary Team (MDT) input including

- > Specialty doctor
- > Psychologist
- > Social worker
- > Occupational therapist
- > Ward manager
- > Consultant psychiatrist
- > Clinical psychologist
- > Speech and language therapist
- > Clinical team leaders
- > BACP registered therapists
- > Nurses
- > Healthcare assistants
- > Social workers
- > Family liaison officer
- > Family therapist CAMHS lead



Where are we?

Cygnets Hospital Bury
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



Cygnets Hospital Bury

CYG-1455 | Date of Preparation: 22/01/24



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnets referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Please visit [cygnetsgroup.com](https://www.cygnetsgroup.com) for more info | Follow us on social media:



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Trust

Empower

Respect

Care