

Improving lives together

Highly Specialised Personality Disorder Service

Roseacre Ward,
Cygnet Hospital Maidstone, Kent



Roseacre Ward is a 16 bed personality disorder service for women, based at Cygnet Hospital Maidstone, our state-of-the-art facility situated in the Kent Medical Campus. The aim of the service is to support service users manage their mental health, develop coping strategies, reinforce daily living skills and prepare for a return to independent living. Roseacre Ward provides a care pathway for service users who are preparing to step down to community living and uses a recovery focused model.

Roseacre Ward is designed to a Tier 4 specification but commissioned by ICB's. Building on the expertise of the other personality disorder services within the Cygnet Health Care portfolio, Roseacre Ward further complements our comprehensive national network of specialist services for women with this diagnosis.

Roseacre ward also provides treatment for women with complex mental illnesses including schizophrenia, schizoaffective disorder, bipolar affective disorder or depression and those with secondary diagnosis of mild learning disability or autism spectrum disorder. We also accept service users with a forensic history and those stepping down from secure services.

Roseacre Ward provides a high level of therapeutic care and support that is underpinned by knowledge and practice of evidence-based interventions, delivered by a highly



Female



18+ years



16 beds

experienced multi-disciplinary team. Our individualised and group treatment programmes are highly specialised and have clearly defined goals and outcomes for our service users. The service is supported by Dialectical Behaviour Therapy (DBT).

Our comprehensive multi-disciplinary team includes a consultant psychiatrist, a specialty doctor, clinical psychotherapist, occupational therapist and nursing and support work team.



Scan the QR code or click here
to watch a short video on Roseacre Ward



Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act, or may be informal
- > Primary diagnoses of personality disorder, schizophrenia, schizoaffective disorder, bipolar affective disorder and depression
- > May present with co-morbid presentations including:
 - Self-harm
 - Self-neglect
 - History of substance use
 - Complex needs
 - Treatment resistance
- > May have a history of trauma and/or abuse
- > May have experienced previous placement breakdowns
- > May have secondary diagnosis of mild learning disability or autism spectrum disorder

Our facilities:

- > En-suite bedrooms
- > Outside space including ward garden and communal roof terrace
- > Therapy kitchen
- > Sensory Room
- > Quiet room
- > IT Room and Art Room
- > Gym and external exercise area
- > Extensive therapy space including Recovery College classroom
- > Service user shop
- > Garden area, including allotment



Access to
The Recovery
College at Cygnet
Hospital Maidstone



Service user
shop onsite



Roseacre Ward provides
a care pathway for service
users who are preparing to step
down to community living and uses
a recovery focused model



Multi-disciplinary team
(MDT) including:

- Consultant psychiatrist
- Speciality doctor
- Psychotherapist
- Occupational therapist
- DBT trained staff
- Nursing and support work team



The service is underpinned
by Dialectical Behaviour Therapy
(DBT), including 1:1 sessions and
group skills training



Outside space
and communal
roof terrace



"I really can't thank you all enough
for the help and support I received
during my time on Roseacre.
I really learnt a lot and I am so
very grateful."

Service user

Onsite gym
and external
exercise area



"I would just like to say thank
you for all the work you put in
to caring for my daughter. You
pulled out all the stops to give
her the best treatment and
although it was a challenging
placement I know in my heart
you never gave up on her and
for this I am eternally grateful."

Parent

Our therapeutic approaches:

- > The service is underpinned by Dialectical Behaviour Therapy (DBT), including 1:1 sessions and group skills training. DBT is a proactive behavioural therapy, requiring active engagement, designed to support individuals to manage distress, regulate emotion and develop adaptive coping skills.
- > Care planning is supported by a model of Positive Behaviour Support (PBS) and each service user will have a personalised, co-produced Positive Behaviour Support plan in place to inform their care and treatment pathway.
- > The service is also supported by our tried and tested myPath model. To ensure we cater for each individual's journey and achieve long-term results, we have created a unique approach to care for people with personality disorder. myPath ensures the delivery of high quality and inclusive care which is continually evaluated through robust operational and clinical governance frameworks.
- > On Roseacre Ward we believe that the professionals have knowledge, experience and expertise, although this is not enough to create a thriving and effective service. We hold an emphasis on co-production, which is a way of working where the valuable knowledge, experience and expertise of people that use services is encouraged in developing and enhancing the service and care.

Recovery College:

Cygnet Health Care's Recovery Colleges offer educational courses designed to provide increased understanding of mental health and support people through their recovery, promoting hope, opportunity and aspirations for the future. The Recovery College at Cygnet Hospital Maidstone works with each individual on their own personal recovery journey, taking an educational approach to recovery, and with co-production at its heart. Service users will be empowered to become experts in their own wellbeing and recovery.

i For more information or to make a
referral please call 0808 164 4450
or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Maidstone
Gidds Pond Way, off Newnham
Court Way, Weavinger,
Maidstone ME14 5FT

Phone number
01622 580 330



CYG-733 | Date of Preparation: 22/08/23

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Integrity

Trust

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Respect

Care