

Improving lives together

Specialist Residential Service for Men with Learning Disabilities

Good

Placements
now available

Adele Cottages are two 1 bedroom houses providing residential support for men with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide placements for adults who require a supportive home, with round the clock care. The aim of the service is to provide a pathway from Cygnnet Sherwood Lodge and other hospitals back to community living.



Male



18+ years



2 placements

The people we support:

- > Male, aged 18+
- > Primary diagnosis of mild / borderline learning disability
- > May have autism spectrum disorder
- > May be informal, on a Community Treatment Order (CTO) or Deprivation of Liberty Safeguards (DoLS)



Our service at a glance

Adele Cottages are two spacious 1 bedroom houses down a quiet country lane in Rainworth, Nottinghamshire. The houses have plenty of communal spaces including large gardens, lounges and kitchens where individuals are supported to develop their daily living skills.

We empower the people we support by enabling them to enhance and maintain their daily living skills. In order to encourage each individual to maintain autonomy and independence as far as possible, individuals are not excluded from undertaking activities simply because there is an element of risk involved. Positive risk-taking is considered an integral part of living.

Individuals are assessed and a support plan is devised for them, which includes relapse prevention. The people we support are encouraged to attend and participate in the local community. The local community organisations in turn are also encouraged to visit the service.





Rated 'Good' by the CQC

Accessible
information
available



Support provided by an
advanced nurse practitioner
and an assistant psychologist
at the service



Homely
environment
with 24-hour support



Supporting individuals
to enhance their social skills



Supporting individuals
to fulfill their potential



2 houses enabling
individuals to develop skills
before stepping down to
independent living



Responsible
Clinician involved
in care, treatment
and regular reviews



Occupational therapy
and speech and
language therapy
are available as required



Our community links:

- > Sutton Centre Community College and West Nottinghamshire College
- > Local shops and supermarkets
- > Voluntary work
- > Dove Dance: a popular local disco
- > Stable management and horse riding (Bolsover)
- > Bike riding, walks and picnics at Sherwood Pines
- > Vocational links
- > Craft/woodwork sessions
- > Local church
- > Leisure Centre
- > Good public transport links



For more information or to make a referral, please contact your regional Business Relationship Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Adele Cottages
Rufford Colliery Lane, Rainworth,
Nottinghamshire NG21 0HR

Phone number
01623 499980



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