

Improving lives together

# High Support Inpatient Rehabilitation (Level 2) Service for Men

Cygnnet Sedgley House and  
Cygnnet Sedgley Lodge, Wolverhampton

Good

Now taking  
referrals



Cygnnet Sedgley House and Cygnnet Sedgley Lodge offer a 34 bed high support inpatient rehabilitation (level 2) service for men with complex needs. The service is designed to provide an environment that promotes mental health recovery by focusing on space, personal privacy and dignity.

Cygnnet Sedgley House and Lodge is located just outside Wolverhampton city centre, with good transport links to many areas in the West Midlands.



Male



18+ years



34 beds

## Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > May have a history of trauma
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions



Scan the QR code or click here to watch a Music 2 Empower video from Cygnnet Sedgley House

## Our service at a glance

**Cygnnet Sedgley House** is a 20 bed service providing a full multi-disciplinary team (MDT) including occupational therapy, psychology and psychiatry, with support from registered nurses and support workers. We can provide support for those in the early stages of their rehabilitation journey, including one to one support where needed. We offer activities and therapies on-site, as well as accessing community resources.

Within the service, all bedrooms have en-suite facilities. We have dedicated therapy spaces, an IT café, comfortable TV lounges with games consoles and a sensory room. We support individuals to attend to their physical health alongside their mental health recovery and have a dedicated general nurse on-site who liaises with the local GP and primary care services.

When the time is right, individuals can move to **Cygnnet Sedgley Lodge**, a 14 bed service that provides increased independence and a more outward-looking community-based programme. This part of the service also benefits from a full MDT including their own Consultant Psychiatrist.

There is a strong focus on community re-integration, with a 'moving on' group offered to those stepping through the pathway. The group teaches real-life skills such as budgeting and paying bills, as well as social skills and expected boundaries and behaviours in different settings. We also have a tutor who runs sessions on maths, English, CV writing and more. We also have an open-door policy when it comes to family and friends visiting.

We understand the importance of meeting an individual's religious and spiritual needs, so as well as having a multi-faith room on site, we also have good links with local mosques, churches and other places of worship.

For a further step towards independent living, individuals have the option to step down to our community rehabilitation services, 12 Woodcross Street - a beautifully appointed semi-detached house next door or 20a/20b Turls Hill, just one mile away.

★★★★★  
 Rated 'Good' by the CQC

Regular community and People's Council meetings

On-site Photography Group

Moving on group providing additional support to prepare for community living

Co-produced monthly newsletter

Winner of the 2021 Service User Choice Award at the National Service User Awards

100% of service users who identified that they needed help staying in touch with carers, family and friends feel they are supported to do so

Service users are supported to access expert by experience programme

Carer's forum and peer support groups held regularly

100% of service users find the ward staff caring and supportive

Therapeutic earnings programme

Service user of the month award

DJ School weekly classes teaching DJ skills

Therapeutic earnings programme

Service user of the month award

### Our multi-disciplinary team:

- > Hospital Manager
- > Head of Care
- > 2 Consultant Psychiatrists
- > Psychologist
- > Assistant Psychologist
- > Registered Mental Health Nurses (RMN)
- > Registered General Nurse (RGN)
- > Occupational Therapists
- > Therapy Co-ordinators
- > Mental Health Act Administrator
- > Expert by Experience
- > Support Workers
- > Independent Advocate
- > Tutor

### Our facilities:

- > En-suite bedrooms
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Living room
- > Enclosed courtyard
- > IT café
- > Sensory Room
- > Multi-faith room

### Our community links:

- > Parks
- > Gym with pool
- > Golf club
- > Wolverhampton college
- > University of Wolverhampton
- > Drayton Manor
- > West Bromwich Albion Football Club
- > Wolverhampton Wanderers Football Club (Head 4 Health)
- > Fishing
- > Cinema



For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

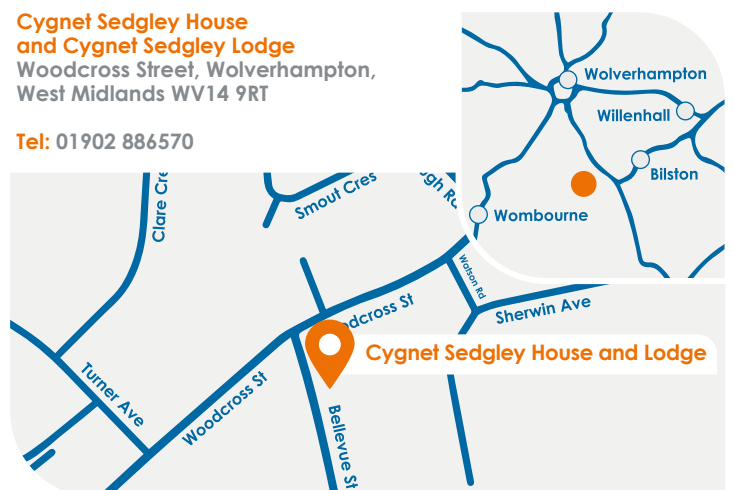
### Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

Cygnet Sedgley House and Cygnet Sedgley Lodge  
 Woodcross Street, Wolverhampton, West Midlands WV14 9RT

Tel: 01902 886570



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Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media:

Integrity

Trust

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Respect

Care