

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

**Cygnnet Sherwood House,
Nottinghamshire**

**Beds
available,
accepting
referrals**

Cygnnet Sherwood House is a 30 bed high support inpatient rehabilitation (level 2) service for men dedicated to providing long-term recovery. Our facilities and multi-disciplinary treatment programme are designed to assist men with their return to community living. Those placed with us often come from multiple placement breakdowns, failed treatment programmes or are stepping down from secure settings.

By combining a collaborative, multi-disciplinary approach, we deliver high-quality care using our unique 4 stage model of care for our mental health high support inpatient rehabilitation (level 2) services.



Male



18+ years



30 beds

Our service user profile:

- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Our service at a glance

Cygnnet Sherwood House is located in Rainworth, Mansfield, Nottinghamshire with good transport links to Mansfield, Derby, Nottingham, and Sheffield. We have plenty of community facilities nearby and lots of places of interest including Sherwood Forest, home of Robin Hood.

Within the service we have 30 en-suite bedrooms, 7 of which are located on the ground floor. These rooms can be used for those individuals with mobility issues and would find stairs difficult, but they can also be used for men who need a higher level of observation. Additionally we have a gym, two gardens including an allotment, a multi-faith room and therapy kitchens. Meals at Cygnnet Sherwood House are served in the dining room and they run on a café system. There is a large variety of choice that caters for individual preferences and dietary requirements.

Our dedicated clinical team provide a multi-disciplinary input including occupational therapy, psychology, psychiatry and vocational training. However, we offer more than just specialists and treatments, we value the service users as individuals, help enhance their interests and abilities, encourage them to share their views and help them unlock their talents and aspirations.



Scan the QR code or click here
to watch a short video on
Cygnnet Sherwood House



People's council meetings held monthly



Social Hub co-produced with service users



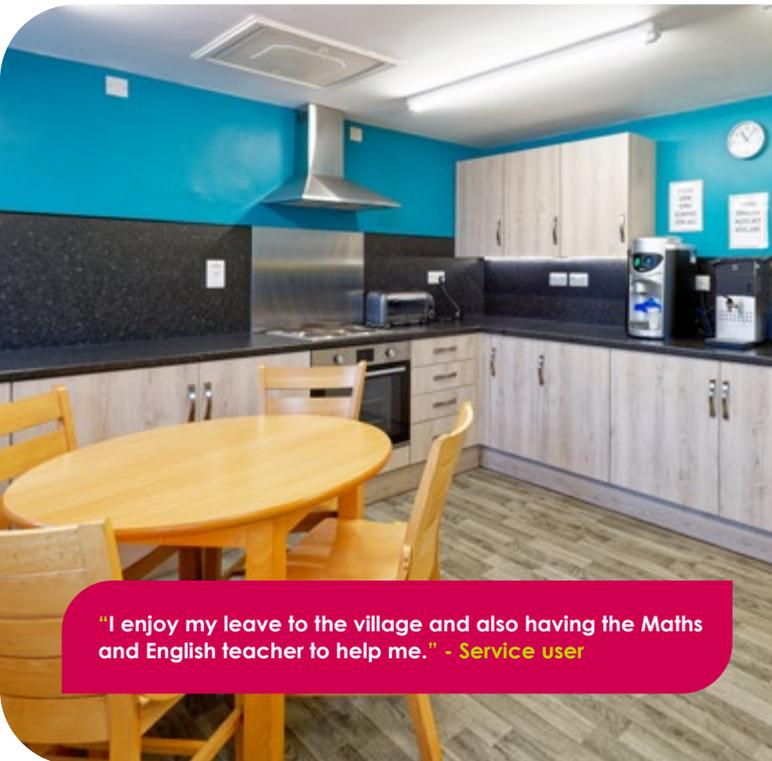
"Well done for what you are doing, I have never seen him so well." - External health professional



English, Maths and Music tutors visit the service each week



Truly holistic approach to assessing, planning and delivering care and treatment



Our multi-disciplinary team:

- > Responsible clinician
- > Specialty doctor
- > Hospital manager
- > Head of care
- > Occupational therapists
- > Psychologist
- > Assistant psychologist
- > Nurses
- > Support workers
- > Mental health act administrator
- > Advocacy

Our facilities:

- > En-suite bedrooms
- > Two therapy kitchens
- > Variety of activity areas
- > Three lounges
- > Dining room
- > Private visitors area
- > Enclosed garden with allotment
- > Gym
- > IT café
- > Social hub
- > Multi-faith room



"I enjoy my leave to the village and also having the Maths and English teacher to help me." - Service user

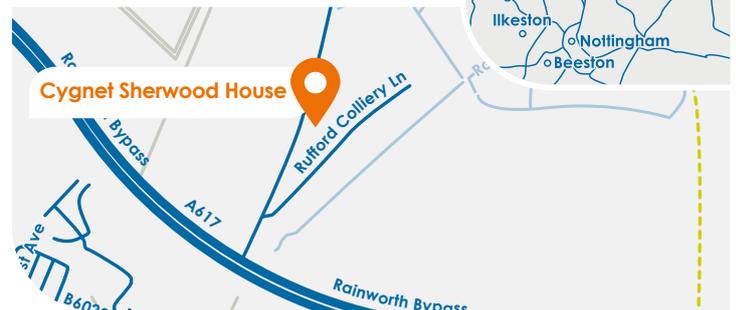
Make a referral

- 1 Referral made to your regional business relationship manager or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Sherwood House
Rufford Colliery Lane, Mansfield
Nottinghamshire, East Midlands
NG21 0HR

Phone number
01623 499010



CYG-994 | Date of Preparation: 04/03/26

++++ Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care