

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

Cygnnet Sherwood House,
Nottinghamshire

Outstanding 



Now taking referrals

Cygnnet Sherwood House is a 30 bed specialist high support inpatient rehabilitation (level 2) service for men dedicated to providing a high quality environment for promoting long-term recovery. Our facilities and multi-disciplinary treatment programme are designed to assist individuals with their return to community living. Those placed with us often come from multiple placement breakdowns, failed treatment programmes or are stepping down from secure settings.

By combining a collaborative, multi-disciplinary approach, we deliver high-quality care using our unique 4 stage model of care for our mental health high support inpatient rehabilitation (level 2) services.



Male



18+ years



30 beds

Our service user profile:

- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Our service at a glance

Cygnnet Sherwood House is located in Rainworth, Mansfield, Nottinghamshire with good local transport links to Mansfield, Nottingham, Derby and Sheffield. We have plenty of community facilities nearby and also lots of places of interest including Sherwood Forest, home of Robin Hood.

Within the service we have 30 en-suite bedrooms, 7 of which are located on the assessment corridor on the ground floor. These ground floor rooms can be used for those individuals with mobility issues and would find stairs difficult, but they can also be used for individuals who need a higher level of observation by the staff. Additionally we have a gym, two gardens including an allotment, a multi-faith room and two therapy kitchens. Meals at Cygnnet Sherwood House are served in the dining room and they run on a café system. There is a large variety of choice that caters for individual preferences and dietary requirements.

Our dedicated clinical team provide a multi-disciplinary input including occupational therapy, psychology, psychiatry and vocational training. However, we offer more than just specialists and treatments, we value the service users as individuals, help enhance their interests and abilities, encourage them to share their views and help them unlock their talents and aspirations.



Scan the QR code or click here to watch a short video on Cygnnet Sherwood House

Rated 'Outstanding' with the CQC

People's council meetings held monthly



Therapeutic earnings programme enabling individuals to gain employment skills and earn money at the same time



On-site tuck shop enabling service users to purchase essential items and snacks



100%

of service users feel that the care and treatment they are receiving is helping them progress towards discharge

Truly holistic approach to assessing, planning and delivering care and treatment



78%

of individuals who were discharged in 2023 have been able to step down along their care pathway into a community setting

100%

of individuals have confidence and trust in the nursing staff



95%

say that there is enough staff to support their care and treatment



100%

of service users are given choices and are involved in choosing the types of therapies / groups that are provided



English, Maths and Music tutors visit the service each week



"I like having my therapy job"

Service user

"I enjoy my leave to the village and also having the Maths and English teacher to help me"

Service user

Our multi-disciplinary team:

- > Responsible clinician
- > Specialty doctor
- > Hospital manager
- > Head of care
- > Occupational therapists
- > Psychologist
- > Assistant psychologist
- > Nurses
- > Support workers
- > Mental health act administrator
- > Advocacy

Our facilities:

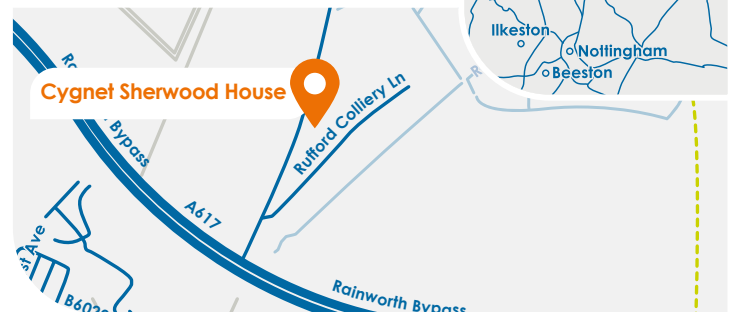
- > En-suite bedrooms
- > Two therapy kitchens
- > Variety of activity areas
- > Three lounges
- > Dining room
- > Private visitors area
- > Enclosed garden with allotment
- > Gym
- > IT café
- > Tuck shop
- > Multi-faith room



Where are we?

Cygnets Sherwood House
Rufford Colliery Lane, Mansfield
Nottinghamshire, East Midlands
NG21 0HR

Phone number
01623 499010



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnets referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-994 | Date of Preparation: 26/02/24

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care