

Improving lives together

Specialist Residential Service for Adults with Autism and Learning Disabilities

Good



Placements now available

Nightingale is a specialist residential service for adults with autism and learning disabilities, who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the people we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



18+ years



10 placements



The people we support:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

Our service at a glance

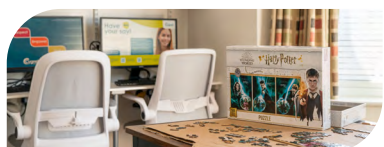
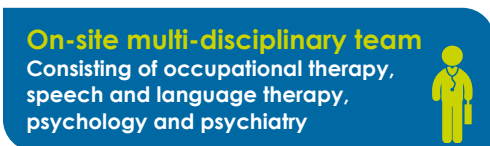
Based in Bournemouth with beautiful views of the sea, Nightingale consists of two detached properties that are connected by an entrance vestibule. Within the service there are spacious communal lounges, two kitchens, dining rooms as well as a sensory room and activity space. Externally in the garden, individuals are supported to take part in sports and activities as well as be able to relax and enjoy the peace and quiet.

Just a two minute walk to the coast, the service is situated within a bustling community with plenty of local amenities to help promote integration and independence. The residents are encouraged to be involved in the local community as much or as little as they wish to be. As part of our care pathway, Nightingale enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better quality of life.

Our activity co-ordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

Our facilities:

- > En-suite bedrooms
- > Spacious communal lounges
- > Dining rooms
- > Two kitchens
- > Sensory room
- > Recreational and arts facilities
- > Garden with outdoor seating



"Thank you to all staff at Nightingale, I know my daughter is well cared for." **Parent**

"Communication is very good with my brother's keyworker." **Family member**



Our community links:

- > Local shops
- > New forest
- > Local beaches
- > Swimming & bowling
- > Pubs and restaurants
- > Great public transport links



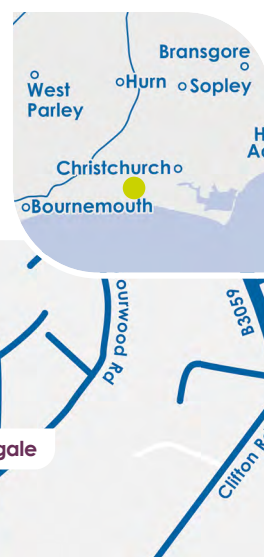
For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Nightingale
46 & 48 Stourcliffe Avenue,
Bournemouth, Dorset BH6 3PX

Phone number
01202 419537



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