## Improving lives together

**Specialist Residential Service** for Adults with Autism and **Learning Disabilities** 

The Squirrels, Hampshire

Good



with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the people we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.









**Placements** now available

**Cygne** 



## The people we suppo

- Adults from the age of 18 years
- Individuals with a diagnosis of autism & learning disability
- May present with behaviours that challenge
- May have communication challenges

  - May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

## Our service at a glance

The Sauirrels has nine en-suite bedrooms with shower rooms: three located on the ground floor and six on the first floor. This service provides ample space both indoors and in its expansive garden. Communal living areas include a large lounge, a dining room, a dedicated cinema room, and an activity room known as 'The Hub,' alongside communal bathrooms and a sensory room. Outside, within the generous garden, the people we support are supported to engage in sports and activities.

The home is located in the beautiful village of Chilworth just a short distance from Southampton and its vast array of community facilities. There are pleasant woodland walks and parks on our doorstep along with the usual amenities you would expect to find in a village. The people we support are encouraged to be involved in the local community as much or as little as they wish to be. As part of our care pathway, The Squirrels enables each person to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better a quality of life.

Our activity coordinator supports in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multidisciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

## Our facilities:

- > Bedrooms with en-suite shower and toilet
- > 2 communal bathrooms > The Hub and an
- > Large lounge
- Recreational and arts facilities
- > Large garden with outdoor seating
- activity room

Easy read and other accessible information available for all













House meetings take place monthly



Staff support individuals, to use preferred methods of communication









On-site multi-disciplinary team consisting of occupational therapy, speech and language therapy, psychology and psychiatry





Our community links:

- > Shops
- > Country parks
- > Woodland walks
- Local beaches
- QE2 Activity Centre activity sessions and day services for those with autism, learning disabilities and sensory impairment

Thank you to all the staff, day and night, for looking after our son so well during a difficult episode for him. We don't know what we would do without you all."





For more information or to make a referral, please contact your

sc.referrals@cygnethealth.co.uk

regional Business Relationship Manager or email:

- Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- Feedback is provided on whether our service can meet the individual's needs
- Detailed placement proposal is formulated to include care plans and funding information
- developed with all relevant stakeholders and admission date is agreed





