

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Good



Placements now available

Located in Horsforth, a charming village in the suburbs of Leeds, Outwood is a specialist residential service for adults. We provide outcome focused care for individuals with learning disabilities and associated complex needs who may have behaviours that challenge.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



18+ years



10 placements



The people we support:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs

Our service at a glance

Outwood consists of an eight-bedroom main house and two one-bedroom single occupancy flats. The main house features eight en-suite bedrooms, three large communal lounges, a kitchen, and a dining room. The two flats are both self-contained, allowing individuals to live independently in their own space with staff support. Externally, there is a large garden with plenty of room for individuals to participate in sports and games or simply enjoy the outdoors.

We ensure that families and advocates are actively involved in an individual's care. Outwood maintains high staffing levels, which allows us to effectively meet the evolving needs of individuals as they progress through their care pathway.

The service is in a great location enabling the people we support to benefit from excellent community facilities including shopping centres, cinemas, pubs & cafés. Each individual is encouraged to be involved in the local community as much or as little as they wish to be.

In conjunction with other local Cygnet residential services, we offer fantastic projects that individuals can attend regularly, including bakery, textiles, and gardening work. These initiatives introduce vocational and learning activities designed to provide opportunities to acquire valuable skills and develop confidence in a safe and familiar environment.

Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafés and restaurants
- > Bowling
- > Short bus ride to Leeds City Centre
- > Excellent transport links and local amenities
- > Day services

Rated **'Good'** by the CQC

★★★★★

100% of individuals consistently achieve 25 hours of activity each week

25 Hr

Attending **galas** and other community events at Kirkstall Abbey

Supporting individuals to gain voluntary work in local charity shops

Supporting individuals to enhance their social skills and attend day services

Achieved the Dignity in Care award

Dignity in the heart, mind & actions
www.dignityincare.org.uk

Person-centred allocation of key workers

Supporting individuals to attend local colleges

Textiles project offers individuals the chance to develop their sewing skills and unleash their creativity by making new items every week.

Our on-site bakery project teaches the people we support not only how to create delicious cakes and sweet treats but also crucial kitchen safety practices



Feedback

I am always impressed with the kindness, patience and professionalism that I observe when I see the team and individuals on the street.

Neighbour

Can you please pass on our thanks to all who helped making our grandson's birthday so special. It means a great deal to us all seeing the care and commitment shown to him.

Family member

As always, please thank all staff for their patience and hard work that they do with our daughter, for the updates on the phone, and always making us feel very welcome when we visit. It is very much appreciated by us all.

Parent

Outwood's team has responded to individual's needs, using alternative strategies to physical intervention and demonstrating a commitment to learning lessons, being reflective, and being responsive to changes in behaviour.

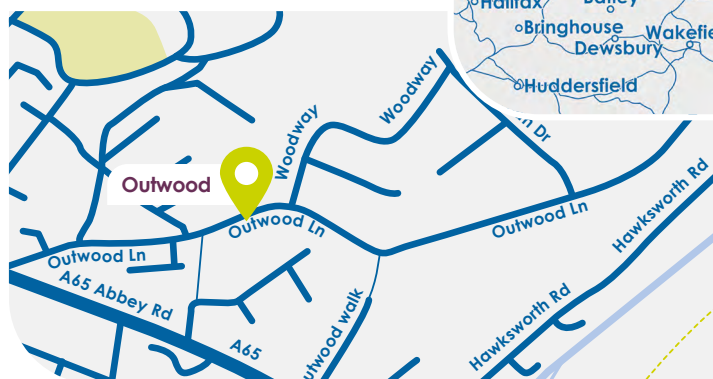
Professional referring to a transition



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

Where are we?

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Please visit cygnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care