

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Good



Now taking referrals



Located in a historical area in Leeds, Kirkside House is a specialist residential service providing outcome focused care for adults with learning disabilities and associated complex needs who may have behaviours that challenge

Person-centred planning is at the heart of everything we do and we are able to meet the changing needs of the people we support as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.



Mixed gender



18+ years



7 placements in 3 living areas

The people we support:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

Kirkside House contains three separate living areas to support individuals at different stages in their care pathway. The first is a four-room area, designed for individuals to live in small groups with a shared lounge, dining room, and kitchen. This home also features a two-room ground floor living area, which provides two individuals with their own private space. This arrangement is particularly suitable for individuals who may have physical or mobility issues. Finally, we offer a one-room bespoke living area for an individual who requires 2:1 support; this living space comes complete with its own private garden.

Externally there is a large garden which is shared with Kirkside Lodge (also a residential service located in the same grounds). There is plenty of space in the garden for people to participate in the gardening project, where they grow their own vegetables, create hanging baskets, or enjoy the sensory garden and outside space.

We also host the bakery project, these projects and a textile project are ran in conjunction with the other local Cygnet residential services.

These projects introduce vocational and learning activities designed to give the people we support the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

We ensure we involve family or advocates in an individual's care. We have high staffing levels to ensure that we are able to meet the changing needs of the people we support as they progress through their care pathway.

The service is in walking distance of community facilities including shopping centres, cafés and leisure centres. It is also only a 1 minute walk from the 800 year old Kirkstall Abbey, where individuals can visit to enjoy the surroundings, learn about the historical ruins or visit the on-site café.





Rated '**Good**'
by the CQC

Community meetings

- Individuals give thoughts
and feedback
on the service



Gardening projects

- hosted in the large garden where
individuals learn how to grow
produce and taking care of chickens



"Staff make
me feel safe."
- A person
we support



Bakery project - At our on-site bakery
project, individuals are taught how to make
cakes and other sweet treats, whilst also
learning about the safety aspect of a kitchen



**Monthly
themed
activity days**

**Supporting
individuals**
to enhance their
social skills



Easy read and other
accessible information
is available



Textiles project

- giving individuals the
opportunity to learn to sew and
create new things each week

**Good
relationship**
with local CLDT



Focused on
**reducing
restrictive
practice**



Our facilities:

- > En-suite bedrooms
- > Lounges
- > Dining room
- > Multiple kitchens
- > 2 activity rooms
- > Large garden

Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafés
and restaurants
- > Sports clubs
- > Great public
transport links
- > 20 minutes to Leeds
City Centre
- > Excellent transport
links and
local amenities

"The support that both my daughter and I have received
during the pandemic has been extremely reassuring and of the
highest quality." - **Family member**

"I am very lucky that my daughter is living at Kirkside, long may
it continue." - **Family member**



For more information or to make
a referral, please contact your
regional Business Relationship
Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop
assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is
arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet
the individual's needs
- 4 Detailed placement proposal is formulated to include care
plans and funding information
- 5 Once placement is confirmed, transition plans are
developed with all relevant stakeholders and admission
date is agreed

Where are we?

Kirkside House
1 Spen Lane, Kirkstall,
Leeds, West Yorkshire LS5 3EJ

Phone number
0113 278 4131



CYG-887 | Date of Preparation: 30/09/25

Please visit cygnetgroup.com for more info | Follow us on social media:



Integrity

Trust

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