# Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Good



Gledholt is an enhanced community residential service providing outcome focused support for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Gledholt is operationally a nurse-led service with both service manager and head of care being qualified nurses. We have an in-house multi-disciplinary team (MDT) who support the individuals in our care throughout their journey with us. The team consists of a consultant psychologist, psychology assistant, occupational therapist, occupational therapy assistant, activity co-ordinators, nurses and speech and language therapist. We are able to meet the changing needs of the people we support as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.













#### The people we support

- > Adults from the age of 18 years
- Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- May have associated complex needs

# Our service at a glance

We have a unique care plan pathway called the Visual Discharge Plan (VDP). This approach involves a collaborative process between the individual, their families, the MDT and staff team. It ensures the person is at the heart of their care and takes into account what's important to them, whilst balancing this with the clinical need. This puts the people we support at the heart of their care and also ensures that discharge planning commences at the point of admission.

Gledholt is divided into two living areas, the main house and the coach house. The main house, which is split across three floors, offers seven en-suite bedrooms, communal lounges and a kitchen on each floor to enable individuals to shop for and prepare their own meals. The coach house is a two bedroom unit giving the individuals we support the option to spend time in their own space or in the main house. Externally there are beautiful gardens to the front and rear of the building with raised flower beds, outdoor seating and plenty of space for sports, games and parties.

The service is located in a bustling residential area of Huddersfield, in walking distance to an abundance of community facilities. Individuals we support are encouraged to be involved in the local community as much or as little as they wish to be. We have great links with external agencies, including the police, the mental health enhancement team, local hospitals and many more to ensure that people we support safe and well supported in the community.

#### Our facilities:

- > En-suite bedrooms
- > Lounges
- > Dining room
- > Multiple kitchens
- > Therapy space in the coach house
- Large garden





Individuals are supported to attend local colleges for English and Maths skills





Links with many

- Conservation groups
- Service user groups some of the people we support are working towards becoming experts by experience in the local area



experience of accessing the community





Daily therapeutic meetings for the people we support

Collaborative care

planning with external agencies to enhance the



Specialist training delivered to staff tailored to the needs of the individuals we support







People's council meetings

are held once a month with the people we support chairing the meeting and ensuring that topics that are important to them are raised





**Supporting** individuals



Individuals are encouraged to cook and prepare their own lunches independently or with staff support



### > Cinemas

- > Local parks
- > Community groups
- Colleges
- > Shops, Cafés and restaurants
- > Sports clubs
- > Great public transport links

Well done on the depth and quality of the work that the team presented and how the VDP (Visual Discharge Plan) captured the person.

Extremely caring staff that are very approachable." Person we have supported





For more information or to make a referral, please contact your regional Business Relationship Manager or email:

sc.referrals@cygnethealth.co.uk

Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement

If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team

Feedback is provided on whether our service can meet the individual's needs

and funding information

Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

#### Gledholt

32 Greenhead Road, Gledholt, Huddersfield, West Yorkshire HD1 4EZ

Phone number 01484 507810



Castlefordo

Wakefielda Ponte

Please visit cygnetgroup.com for more info | Follow us on social media:





Trust

**Empower** 

Respect