

Improving lives together

Neuropsychiatric Services for Men

**Cygnnet Grange & Cygnnet Lodge,
Nottinghamshire**



Cygnnet Grange

Cygnnet Lodge

Cygnnet Grange and Cygnnet Lodge are two individual 8 bedded Neuropsychiatric rehabilitation care and treatment facilities for those affected by acquired brain injuries. They both are a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and long term placement to support and help manage the progression of their symptoms.

Both services are registered as hospitals and are designed specifically to provide a clinically-led evidence-based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages individuals and offers them the opportunity to minimise their behaviours of distress and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry inter-disciplinary team. Our person-centred approach puts the individual at the centre of their treatment and discharge planning. The services offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focussed on discharge planning to support the men in our care to return to community living - either with support or independently.



Male



18+ years



16 beds across
2 hospitals



Our service user profile:

- > Men aged 18+ years affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting Comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder



Every Thursday service users from both services access a local snooker hall



Each service has a pool table and tournaments are held for service users



Gym and swimming access is available externally if required



A maths and english tutor visits the services once a week



Our facilities:

- En-suite bedrooms
- Therapy kitchen and additional therapy spaces
- Dining room
- Living room
- Additional communal areas
- Multi-functional outdoor space including gardens
- Accessible bathrooms
- Onsite laundry facilities

Our inter-disciplinary team:

- Consultant psychiatrist
- Psychologist
- Occupational therapist
- Speech and language therapist
- Clinical hospital manager
- Therapy coordinator
- Nurses across RMN/ RNLD disciplines
- Support workers

Psychology has developed 'memory monday' with a range of activities to help develop and improve memory



Rated **Good** by Headway, the Brain Injury Association



Cygnnet Grange has access to a communal garden where service users can get involved to develop their skills



Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

i For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

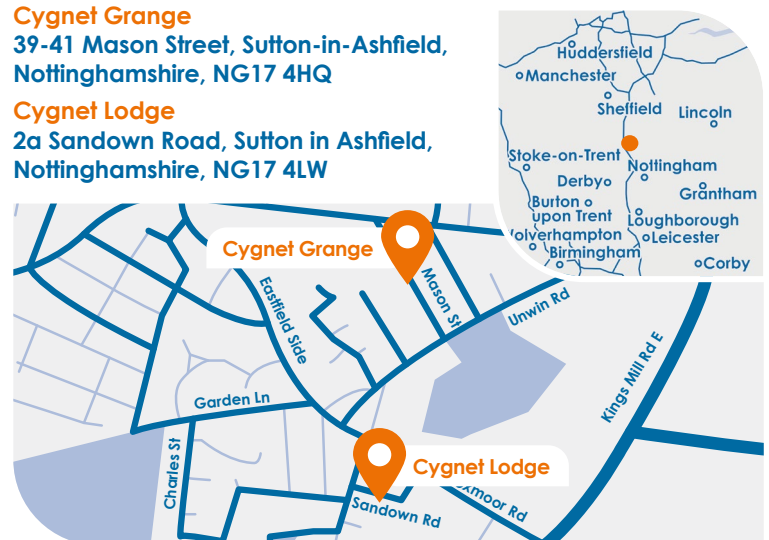
Our referral process:

- 1 Referral made to Cygnnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnnet Grange
39-41 Mason Street, Sutton-in-Ashfield, Nottinghamshire, NG17 4HQ

Cygnnet Lodge
2a Sandown Road, Sutton in Ashfield, Nottinghamshire, NG17 4LW



CYG-857 | Date of Preparation: 19/02/24

Please visit cygnnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care