Improving lives together

Cygnet Health Care

Neuropsychiatric Services for Men

Cygnet Grange & Cygnet Lodge, Nottinghamshire



Cygnet Grange



Cygnet Lodge

Cygnet Grange and Cygnet Lodge are two individual 8 bedded Neuropsychiatric rehabilitation care and treatment facilities for those affected by acquired brain injuries. They both are a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntingdon's Disease, a caring and long term placement to support and help manage the progression of their symptoms.

Both services are registered as hospitals and are designed specifically to provide a clinically-led evidence-based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages individuals and offers them the opportunity to minimise their behaviours of distress and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry inter-disciplinary team. Our person-centred approach puts the individual at the centre of their treatment and discharge planning. The services offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focussed on discharge planning to support the men in our care to return to community living - either with support or independently.

Male

18+ years

16 beds across 2 hospitals



Our service user profile:

- Men aged 18+ years affected by a neurological condition where challenging behaviour is the leading impairment
- May be detained under the Mental Health Act, informal or subject to DoLS
- May have a forensic history
- With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Frontotemporal Dementia
  - Korsakoff's Syndrome or other substance abuse related brain injury
- Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Moderate to severe cognitive impairment
  - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
  - Mobility impairments
- Presenting Comorbidities may include:
  - Psychiatric disorders including psychoses
  - Complex epilepsy
  - Post-ictal psychosis
  - Organic personality disorder



Every Thursday service users from both services access a local snooker hall

Each service has a pool table and tournaments are held for service users

Gym and swimming access is available externally if required

A maths and english tutor visits the services once a week

Our facilities:

- En-suite bedrooms
- Therapy kitchen and additional therapy spaces
- Dining room
- Living room
- Additional communal areas
- Multi-functional outdoor space including gardens
- Accessible bathrooms
- Onsite laundry facilities

Our inter-disciplinary team:

- Consultant psychiatrist
- Psychologist
- Occupational therapist
- Speech and language therapist
- Clinical hospital manager
- Therapy coordinator
- Nurses across RMN/ RNLD disciplines
- Support workers

Psychology has developed 'memory monday' with a range of activities to help develop and improve memory

Cygnet Grange has access to a communal garden where service users can get involved to develop their skills

Rated Outstanding by Headway, the Brain Injury Association



Our services at a glance:

- Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- 3 – 6 month inpatient assessment/review of behaviour management
- Overview and stabilisation of medication with monitoring of side effects
- Risk assessment and management
- Treatment for co-morbid psychiatric conditions
- Cognitive and executive function rehabilitation
- Community reintegration assessment
- Daily living skills rehabilitation
- Assessment, treatment and management of associated physical deficits and physical health conditions

Make a referral

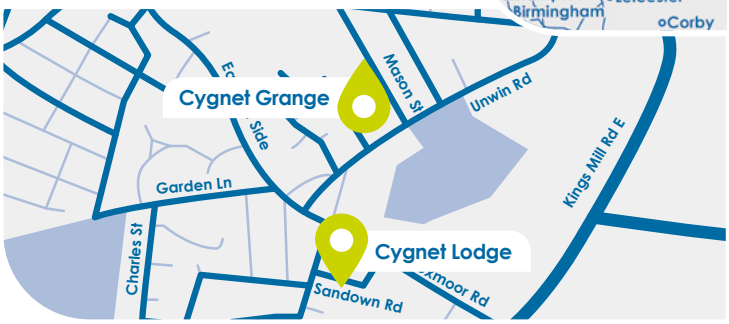
1. Referral made to your regional NHS Partnerships Manager or 0808 164 4450 / chcl.referrals@nhs.net
2. Assessment arranged and undertaken via our management team
3. Feedback provided on whether our service can meet the individual's needs
4. Assessment pack formulated including care plans and funding information
5. Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Grange
39-41 Mason Street, Sutton-in-Ashfield, Nottinghamshire, NG17 4HQ

Cygnet Lodge
2a Sandown Road, Sutton in Ashfield, Nottinghamshire, NG17 4LW





CYG-955 | Date of Preparation: 27/10/26

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