

Improving lives together

# Neuropsychiatric Services for Men

**Cygnnet Grange & Cygnnet Lodge,  
Nottinghamshire**



**Cygnnet Grange**

**Cygnnet Lodge**

**Cygnnet Grange and Cygnnet Lodge are two individual 8 bedded Neuropsychiatric rehabilitation care and treatment facilities for those affected by acquired brain injuries. They both are a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and long term placement to support and help manage the progression of their symptoms.**

Both services are registered as hospitals and are designed specifically to provide a clinically-led evidence-based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages individuals and offers them the opportunity to minimise their behaviours of distress and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry inter-disciplinary team. Our person-centred approach puts the individual at the centre of their treatment and discharge planning. The services offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focussed on discharge planning to support the men in our care to return to community living - either with support or independently.



**Male**



**18+ years**

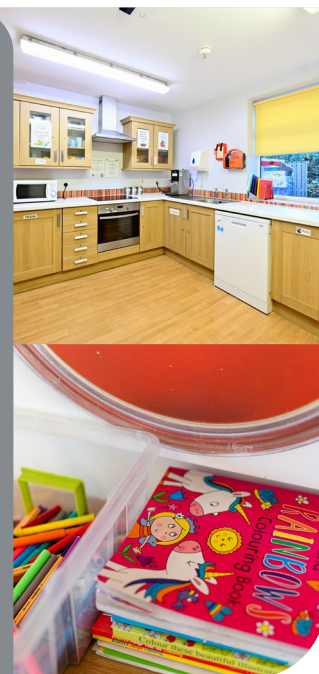


**16 beds across  
2 hospitals**



## **Our service user profile:**

- > Men aged 18+ years affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Frontotemporal Dementia
  - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Moderate to severe cognitive impairment
  - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
  - Mobility impairments
- > Presenting Comorbidities may include:
  - Psychiatric disorders including psychoses
  - Complex epilepsy
  - Post-ictal psychosis
  - Organic personality disorder





Every Thursday  
service users from  
both services access  
a local snooker hall



Each service has  
a pool table and  
tournaments are held  
for service users



Gym and swimming  
access is available  
externally if required



A maths and english  
tutor visits the services  
once a week



### Our facilities:

- > En-suite bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > Onsite laundry facilities

Psychology has  
developed 'memory  
monday' with a  
range of activities to  
help develop and  
improve memory



### Our inter-disciplinary team:

- > Consultant psychiatrist
- > Psychologist
- > Occupational therapist
- > Speech and language therapist
- > Clinical hospital manager
- > Therapy coordinator
- > Nurses across RMN/ RNLD disciplines
- > Support workers

Cygnnet Grange has access to  
a communal garden where  
service users can get involved  
to develop their skills



Rated **Outstanding** by Headway,  
the Brain Injury Association



### Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

## Make a referral

- 1 Referral made to your regional NHS Partnerships Manager or [0800 164 4450](tel:08001644450) / [chcLreferrals@nhs.net](mailto:chcLreferrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

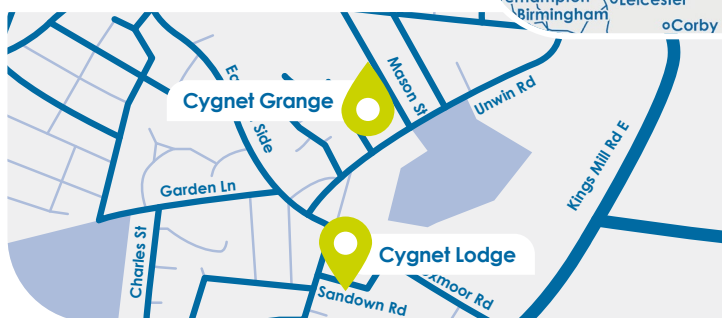
## Where are we?

### Cygnnet Grange

39-41 Mason Street, Sutton-in-Ashfield,  
Nottinghamshire, NG17 4HQ

### Cygnnet Lodge

2a Sandown Road, Sutton in Ashfield,  
Nottinghamshire, NG17 4LW



CYG-955 | Date of Preparation: 16/02/26

Please visit [cygnnetgroup.com](http://cygnnetgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care