

Improving lives together

Neuropsychiatric and Neurodegenerative service for Men

Good



Placements
available
Now
accepting
referrals



Cygnet Heathers is a 20 bed service providing neuropsychiatric and neurodegenerative rehabilitation for men with acquired brain injury or other neurological conditions.

Our focus is on creating an environment that engages service users and sets the tone for recovery. Cygnet Heathers has been designed and equipped with an all-integrated physical environment to aid individual's neurobehavioural rehabilitation process. Our specifically designed environment assists the men to manage visual, spatial and perceptual difficulties.

Careful and innovative interior design using high contrast furniture, recessive lighting and zoned colour ways and floorings reduce the frustrations and confusion our service users will be dealing with resulting in an overall reduction of risk.



Proud to be a **certified**
Triangle of Care member



Male



18+ years



20 beds

Our service user profile:

> Diagnosis of:

- Established or suspected acquired or traumatic brain injury, such as hypoxia, stroke, brain tumour, encephalitis
- Established or suspected degenerative brain condition including dementias
- Huntington's disease or other movement disorders, displaying abnormal movements or restricted mobility
- Alcohol related brain injury / Korsakoff's syndrome
- Moderate to severe cognitive impairment
- Dysphasia or other communication problems
- Organic psychiatric disorder or organic personality disorder
- May present with challenging behaviour (aggression, utilisation behaviours or sexual disinhibition)
- May present with co-morbid psychiatric disorders including psychoses, autistic spectrum or substance misuse
- May have a forensic history

Cygnet Heathers is located in Great Bridge near Birmingham, which offers easy access to shops, local libraries, community centres and parks. A perfect blend of real life settings further supporting a rapid recovery.

Our ethos and physical environment are informed by a Total Communication Environment approach. Zoned colour ways, advanced picture navigation systems, contrast furniture and other visual cues are used to provide predictability and consistency and reduce confusion for our service users.



We are also able to support admissions for assessment; with a proposed length of stay of 3-6 months, we can work with service users and their teams to determine the individual's needs and identify a suitable care pathway.

Educational and vocational support is key to recovery, and programmes are tailor-made for individuals, drawing on a variety of external resources.

Our person-centered approach puts the individual at the centre of their own discharge planning. With the right support and our innovative and proactive rehabilitation environment, our aim is to support service users to return to the community or another suitable care pathway placement.



Links with local colleges
and voluntary placements to promote vocational rehabilitation



Individualised therapy programmes to promote occupational balance



Interactive group sessions using technology to promote education and fitness



Close relationship with community team to ensure a smooth discharge pathway



Groups including:

- > Men's wellbeing group
- > Social skills
- > Mindfulness
- > Mental health wellbeing
- > Public transport
- > Life skills group



Onsite gym with equipment including water rowing machine, treadmill, weights and exercise bike



Rated **'Good'** with the CQC ★★



★ ★ ★ ★ ★
Rated **Outstanding** by Headway, the Brain Injury Association

Community pathway from Cygnet Heathers to Meadows Mews, our enhanced community residential service in Tipton



Speciality doctor run men's wellbeing and physical health clinic



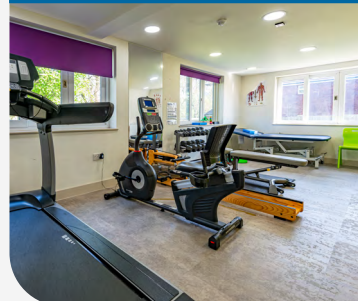
Service user led staff **educational training sessions**



"I find the team to be very effective and professional, communication is excellent, the MDT is responsive and effective. I consider them to be excellent with patients with combined and complex mental health and brain injury needs."
External Health Professional

Our facilities:

- > En-suite bedrooms
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Lounge
- > Garden
- > Gym



Our community links:

- > Birmingham city centre
- > Cafés and restaurants
- > Museums
- > Shops
- > Library
- > Cadbury World



NEURO
QUALITY NETWORK
FOR NEUROPSYCHIATRY
SERVICES

Member of the **Royal College of Psychiatrists**
Quality Network for Neuro



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Heathers
Grout Street, West Bromwich,
West Midlands B70 0HD
Phone number
0121 796 2730



CYG-704 | Date of Preparation: 24/07/25

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care