

Improving lives together

Neuropsychiatric and Neurodegenerative service for Men

Good



Placements available
Now accepting referrals



Cygnets Heathers is a 20 bed service providing neuropsychiatric and neurodegenerative rehabilitation for men with acquired brain injury or other neurological conditions.

Our focus is on creating an environment that engages service users and sets the tone for recovery. Cygnets Heathers has been designed and equipped with an all-integrated physical environment to aid individual's neurobehavioural rehabilitation process. Our specifically designed environment assists the men to manage visual, spatial and perceptual difficulties.

Careful and innovative interior design using high contrast furniture, recessive lighting and zoned colour ways and floorings reduce the frustrations and confusion our service users will be dealing with resulting in an overall reduction of risk.



Male



18+ years



20 beds

Our service user profile:

> Diagnosis of:

- Established or suspected acquired or traumatic brain injury, such as hypoxia, stroke, brain tumour, encephalitis
- Established or suspected degenerative brain condition including dementias
- Huntington's disease or other movement disorders, displaying abnormal movements or restricted mobility
- Alcohol related brain injury / Korsakoff's syndrome
- Moderate to severe cognitive impairment
- Dysphasia or other communication problems
- Organic psychiatric disorder or organic personality disorder
- May present with challenging behaviour (aggression, utilisation behaviours or sexual disinhibition)
- May present with co-morbid psychiatric disorders including psychoses, autistic spectrum or substance misuse
- May have a forensic history



Scan the QR code or click here to watch a short video on Cygnets Heathers

Cygnets Heathers is located in Great Bridge near Birmingham, which offers easy access to shops, local libraries, community centres and parks. A perfect blend of real life settings further supporting a rapid recovery.

Our ethos and physical environment are informed by a Total Communication Environment approach. Zoned colour ways, advanced picture navigation systems, contrast furniture and other visual cues are used to provide predictability and consistency and reduce confusion for our service users.



We are also able to support admissions for assessment; with a proposed length of stay of 3-6 months, we can work with service users and their teams to determine the individual's needs and identify a suitable care pathway.

Educational and vocational support is key to recovery, and programmes are tailor-made for individuals, drawing on a variety of external resources.

Our person-centered approach puts the individual at the centre of their own discharge planning. With the right support and our innovative and proactive rehabilitation environment, our aim is to support service users to return to the community or another suitable care pathway placement.



Links with local colleges

and voluntary placements to promote vocational rehabilitation



Individualised therapy programmes to promote occupational balance



Interactive group sessions

using technology to promote education and fitness



Close relationship

with community team to ensure a smooth discharge pathway



Groups including:

- > Men's wellbeing group
- > Social skills
- > Mindfulness
- > Mental health wellbeing
- > Public transport
- > Life skills group



Onsite gym with equipment

including water rowing machine, treadmill, weights and exercise bike



Rated 'good' with the CQC



Community pathway

from Cygnet Heathers to Meadows Mews, our enhanced community residential service in Tipton



Rated **Outstanding** by Headway, the Brain Injury Association

Speciality doctor

run men's wellbeing and physical health clinic



Service user led staff educational training sessions



"I find the team to be very effective and professional, communication is excellent, the MDT is responsive and effective. I consider them to be excellent with patients with combined and complex mental health and brain injury needs."

External Health Professional

Our facilities:

- > En-suite bedrooms
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Lounge
- > Garden
- > Gym



Our community links:

- > Birmingham city centre
- > Cafés and restaurants
- > Museums
- > Shops
- > Library
- > Cadbury World



The average length of stay for men discharged in 2023 was 14 months



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Heathers
Grout Street, West Bromwich,
West Midlands B70 0HD
Phone number
0121 796 2730



CYG-704 | Date of Preparation: 20/02/24

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

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Respect

Care