

*Improving lives together*



# Specialist Residential Service for Adults with Autism and Learning Disabilities

**Oakhurst Lodge, Southampton**

Placements  
now available



Oakhurst Lodge is an 8 placement specialist residential service for adults with autism and learning disabilities who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

Person-centred planning is at the heart of everything we do, based on the specific needs of the in our care. We understand that consistency and continuity of care is important for the people we support.



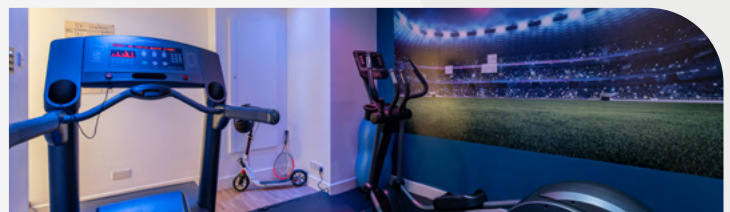
Mixed  
gender



18+ years



8 placements



## The people we support:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism and learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

## The service at a glance

The home is located on the outskirts of the New Forest in a community setting between Southampton and Lyndhurst. Within the service we have a number of communal areas including lounges, dining room, spacious kitchen and an activity room, in addition, each individual has their own en-suite bedrooms.

Externally there is a large garden that enables individuals to participate in a number of different outdoor activities, including a BBQ, a basket swing, ball games and a lovely gazebo providing a comfortable seating area.

As part of our care pathway, our service encourages individuals to achieve further independence, self-advocacy and confidence, leading to a better quality of life. Interventions are matched according to each person's needs and our life skills development programmes are overseen by our activity coordinator.

The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. The team supports the development of daily living skills and reduction in maladaptive behaviours.

Our staff use positive person-centred approaches and are trained in specialised intervention techniques and sensory integration strategies. A combination of person-centred planning, measurement of progress and a full multidisciplinary approach can only result in the best outcomes for each individual.



Achieved the  
**Dignity in  
Care Award**



**A homely  
environment**  
with 24/7 support



Close to the **beach** and  
the **New Forest**



On-site **multi-disciplinary team** consisting of  
occupational therapy, speech and language therapy,  
psychology and psychiatry



**Supporting individuals**  
to enhance their skills and their  
social circles



**Themed  
Weekends**

Each weekend, the  
people we support pick a  
new country, decorating  
the house and preparing  
food from that country



Consistently **100%**  
of individuals achieve  
**25 hours of activities each week**



Wide range of **indoor activities**  
available including  
arts and crafts,  
cookery and discos



**Person-centred  
birthday parties**



**Weekly  
house  
meetings**



**Independent  
advocates**  
attend the  
service **weekly**



We feel that the team at Oakhurst Lodge deserve some recognition for all of the care they have given during this difficult period in time. Despite the complete change in his world, they have kept him safe and supported. It has been extremely difficult for us not to be able to visit him, however the reassurance that he is happy is enormous. The staff have all worked so hard and definitely go the extra mile. He is fortunate to be cared for by such a caring, professional group of people.

**Family member**



### Our community links:

- > Good transport links into Totton and Southampton
- > Local shops, pubs and restaurants
- > Forest walks
- > Long down dairy farm
- > Local beaches

### Our facilities:

- > En-suite bedrooms
- > 2 lounges
- > Dining room
- > Kitchen
- > Activity room
- > Large garden



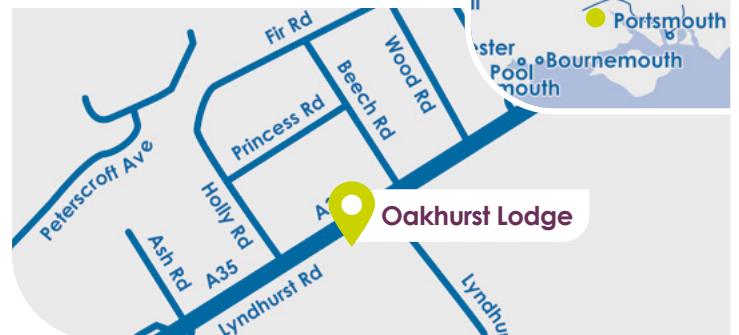
For more information or to make a referral, please contact your regional Business Relationship Manager or email:  
[sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Oakhurst Lodge**  
137 Lyndhurst Road, Southampton,  
Hampshire SO40 7AW

**Phone number**  
02380 293589



CYG-697 | Date of Preparation: 31/07/25

Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media:



**Integrity**

**Trust**

**Empower**

**Respect**

**Care**