

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Services for Men

Cygnets Churchill, London

Good



Beds available
Now taking referrals

Mulberry Court and Elm Court are Cygnets Churchill's high support inpatient rehabilitation (level 2) services for men who have severe and enduring mental illness, who may have been detained under the Mental Health Act.

By combining a collaborative, multi-disciplinary approach, Maple Court delivers high-quality care within a community atmosphere, while focusing on discharge planning from the moment individuals arrive. In addition we offer a four bed step-down service called Elm Court.

Our recovery programme is delivered in a culture that balances risk management with therapeutic optimism, where men have the opportunity to learn and practice the skills they will need in a completely safe environment.

In addition to the rehabilitation services at Churchill, we also provide a 17 bed male acute service, **Juniper Ward**. This is a safe and stabilising environment for men who are experiencing an acute episode of mental illness and require an emergency admission.



Male



18+ years



Mulberry Court - 18 beds
Elm Court - 4 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > May have a history of trauma
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

The service at a glance

Cygnets Churchill is a service built on recovery principles around hope, empowerment, wellness, personal responsibility, community focus and connectedness. Throughout the many years that Cygnets Churchill has been open we have achieved excellent outcomes for individuals, and we are committed to constantly improving their experience and clinical outcomes further.

We offer more than just specialists and treatments: We value service users as individuals, help enhance their interests, abilities and self-knowledge, encourage them to find their voice, support them to rebuild their lives. We deliver high-quality care with specialist interventions, but never lose sight of the goal of personal recovery.

Vocational support is provided to help individuals prepare for employment and other vocational activities. The men are supported to create CVs, apply for jobs, practice for and attend interviews as well as develop other skills necessary in a work environment.

Our facilities:

- > En-suite bedrooms
- > Barber
- > Music room
- > Gym
- > IT café
- > Therapy kitchens
- > Spacious communal garden with outdoor seating

Our community links:

- > LearnDirect / Morley College / Lambeth College and The Blackfriars Project
- > Local library
- > Swimming pool at local leisure centre
- > Basketball courts
- > London Eye, London Aquarium, Tate Modern Gallery and National Theatre
- > London's Royal Parks
- > Thrive Horticulture Project
- > Mosaic Clubhouse



Our multi-disciplinary team:

- > Consultant Psychiatrists
- > Specialty Ward Doctor
- > Psychologists
- > Assistant Psychologist
- > Registered Mental Health Nurses
- > Healthcare Support Workers
- > Registered General Nurse
- > Social Worker
- > Occupational Therapists
- > Occupational Therapy Assistants
- > Activity Coordinator
- > Art Psychotherapist
- > Pharmacist
- > Fitness Instructor
- > Mental Health Act Administrators
- > Medical Secretary
- > Clinical Administrator
- > Independent Mental Health Advocates

Close relationship with community team to ensure a smooth discharge pathway



4 Daily Living (ADL) kitchens to support skill development



Daily Living Skills

96%



of individuals demonstrated an increase in their daily living skills at the point of discharge



On average, service user's daily living skills increase by a third throughout their time with us

(April 21-April 22)

Awarded Flagship Occupational Therapy Department 2022

Individuals are supported to learn healthy coping skills through a range of programmes such as **mindfulness, emotions and relationships or out-of-the-ordinary experiences**



Onsite music room containing recording equipment, drums, piano and guitars



Chat café ran by the psychology team as laid back drop in sessions



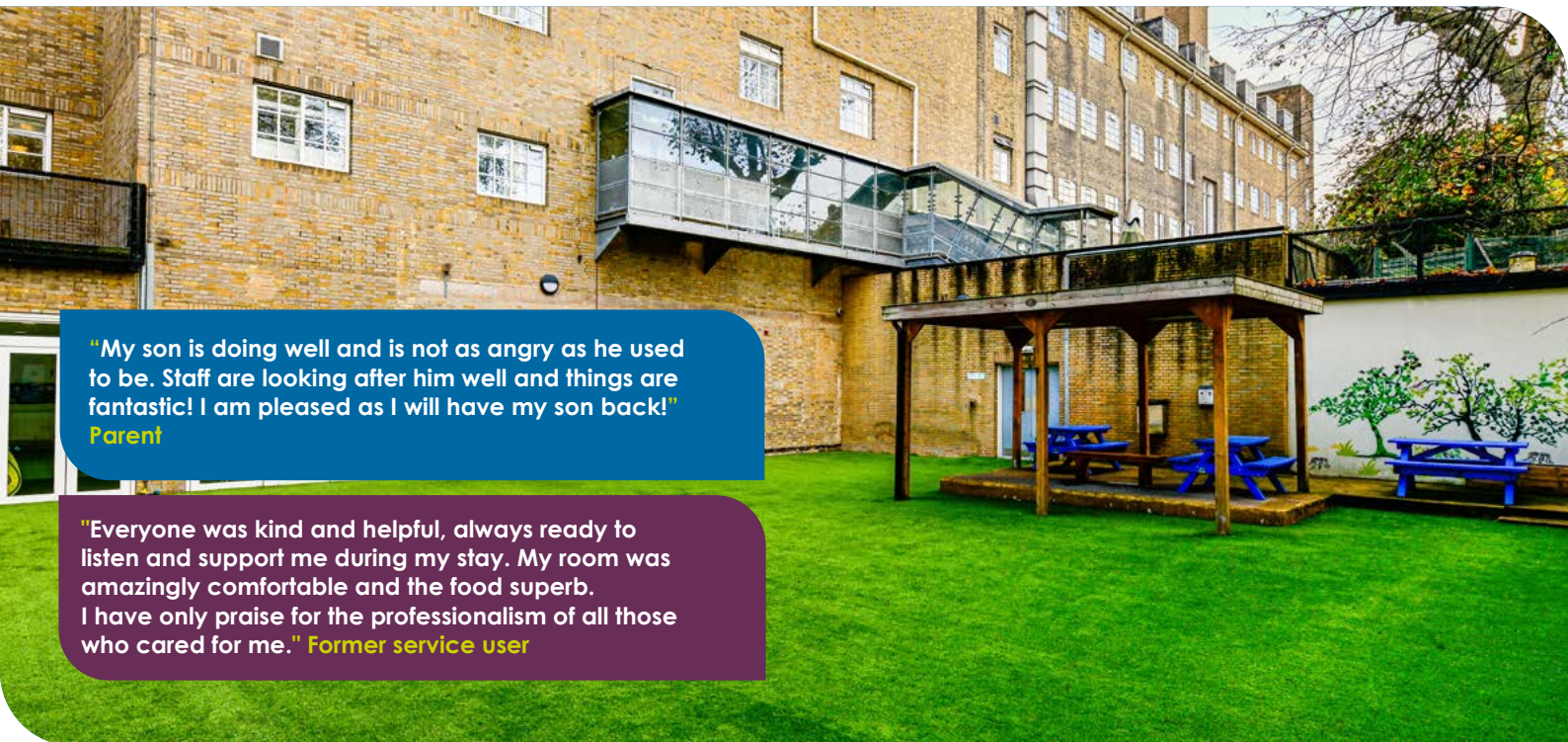
Service users are supported to attend **Mosaic Clubhouse** for a unique transitional employment programme, enabling them to experience entry level employment opportunities



Individuals supported to attend local vocational courses including, literacy, numeracy and IT skills



Workshop for **substance use problems**



"My son is doing well and is not as angry as he used to be. Staff are looking after him well and things are fantastic! I am pleased as I will have my son back!" **Parent**

"Everyone was kind and helpful, always ready to listen and support me during my stay. My room was amazingly comfortable and the food superb. I have only praise for the professionalism of all those who cared for me." **Former service user**



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnets referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Churchill
Barkham Terrace, Lambeth Road
London SE1 7PW

Phone number
020 7928 2334



CYG-577 | Date of Preparation: 05/04/24

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care