

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities

Gables, Essex

Good

Located in the heart of a residential community in Colchester, Gables is a specialist residential service supporting people with learning disabilities and associated complex needs who may have behaviours that challenge. The home provides longer term placements for those who require round the clock care and support. Person-centred planning is at the heart of everything we do.



Placements now available



Mixed gender



18+ 18+ years



7 placements



The people we support:

- Adults from the age of 18 years
- Individuals with a diagnosis of learning disability
- May present with behaviours that challenge
- May have autism
- May have associated complex needs
- May have mental or physical health needs

The service at a glance

Gables features seven en-suite bedrooms that individuals are encouraged to personalise to their own tastes. Communal spaces include an open-plan lounge, a bright dining room, and an Activities of Daily Living (ADL) skills kitchen to support skill development. Outside, a large garden with seating areas provides the people we support with a space to relax.

The team at Gables are focused on ensuring that individuals are part of their local community and can access various opportunities to meet their needs. We understand that consistency and continuity of care is important for the individuals we care for.

The home is situated in Colchester, which is Britain's oldest recorded town. Colchester is now a thriving, modern city with many great attractions including Colchester Zoo and Colchester Castle Museum. Nearby there are excellent shopping facilities and many amenities for residents. The coast is a short drive away and London is accessible by regular rail links with journeys taking under an hour.

Our community links:

- Wilson Marriage College
- Colchester United Football Club
- Voluntary work centres
- Horticultural community programmes
- Places of leisure and entertainment
- Charity partnerships and fund raising initiatives
- Community environment projects and social outings
- Local shops, libraries and cinemas



100%
of relatives think that
the staff team are
friendly and caring

Supporting
individuals
to have
annual
holidays

Independent
advocate

Regular
co-produced
'empowerment
meetings' for the
people we support

Supporting individuals
to access education

Large garden
with outdoor activities

Supporting
individuals to access
volunteering opportunities

"I feel that this is the best home that he has been at, he is safe, cared for with respect. There is plenty of entertainment, activities and social events and my husband and I are included in everything. It is a very caring environment."

Family member



"Gables staff were
100% accommodating,
engaging and welcoming.
All residents look extremely
happy and well supported.
I cannot pull any negative
improve in the Gables.
10/10"

Professional



For more information or to make
a referral, please contact your
regional Business Relationship
Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Gables
262 Ipswich Road, Colchester,
Essex CO4 0ER

Phone number
01206 841515



CGY-562 | Date of Preparation: 01/09/25

Please visit cygnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care