

*Improving lives together*

# Specialist Residential Service for Adults with Learning Disabilities

Gables, Essex

Good

Placements  
now  
available

Located in the heart of a residential community in Colchester, Gables is a specialist residential service supporting people with learning disabilities and associated complex needs who may have behaviours that challenge. The home provides longer term placements for those who require round the clock care and support. Person-centred planning is at the heart of everything we do.



Mixed  
gender



18+ 18+ years



7 placements



## The people we support:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of learning disability
- > May present with behaviours that challenge
- > May have autism
- > May have associated complex needs
- > May have mental or physical health needs

## The service at a glance

Gables features seven en-suite bedrooms that individuals are encouraged to personalise to their own tastes. Communal spaces include an open-plan lounge, a bright dining room, and an Activities of Daily Living (ADL) skills kitchen to support skill development. Outside, a large garden with seating areas provides the people we support with a space to relax.

The team at Gables are focused on ensuring that individuals are part of their local community and can access various opportunities to meet their needs. We understand that consistency and continuity of care is important for the individuals we care for.

The home is situated in Colchester, which is Britain's oldest recorded town. Colchester is now a thriving, modern city with many great attractions including Colchester Zoo and Colchester Castle Museum. Nearby there are excellent shopping facilities and many amenities for residents. The coast is a short drive away and London is accessible by regular rail links with journeys taking under an hour.

## Our community links:

- > Wilson Marriage College
- > Colchester United Football Club
- > Voluntary work centres
- > Horticultural community programmes
- > Places of leisure and entertainment
- > Charity partnerships and fund raising initiatives
- > Community environment projects and social outings
- > Local shops, libraries and cinemas



Rated **'Good'**  
with the CQC



Easy read and other accessible information  
available to all residents

**100%**



of relatives think that  
the staff team are  
**friendly and caring**

Supporting  
individuals  
to have  
annual  
holidays



Independent  
advocate



Regular  
co-produced  
**'empowerment  
meetings'** for the  
people we support



Supporting individuals  
to access education



Large garden  
with outdoor activities



Supporting  
individuals to access  
**volunteering opportunities**



"I feel that this is the best  
home that he has been at,  
he is safe, cared for with  
respect. There is plenty of  
entertainment, activities  
and social events and my  
husband and I are included  
in everything. It is a very  
caring environment."

**Family member**



"Gables staff were  
100% accommodating,  
engaging and welcoming.  
All residents look extremely  
happy and well supported.  
I cannot pull any negative  
improve in the Gables.  
10/10"

**Professional**



For more information or to make  
a referral, please contact your  
regional Business Relationship  
Manager or email:  
[sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Gables**  
262 Ipswich Road, Colchester,  
Essex CO4 0ER

**Phone number**  
01206 841515



CYG-562 | Date of Preparation: 01/09/25

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