

Improving lives together

# Specialist Neuropsychiatric Service for Men

Cygnnet Brunel,  
Bristol

Good

Accepting  
Referrals



Cygnnet Brunel in Bristol offers an extensive Neuropsychiatric treatment, care and rehabilitation pathway which is unique in its ability to provide a dedicated pathway to meet the complex needs of service users within their care.



Male



18+ years



32 beds  
in 4 wards

## Our service user profile:

- > Men aged 18+ affected by an Acquired Brain Injury (ABI) or neurological condition where challenging behaviour is the leading impairment
- > Men with complex presentations who could have co morbid mental health diagnoses, neurological or non-epileptic seizures
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Specialist Dementia e.g. Frontotemporal Dementia
  - Established or suspected neurodegenerative condition including Huntington's Disease
- Alcohol Related Brain Disease
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support/modified diets
  - Moderate to severe cognitive impairment
  - Mobility impairments
  - Psychiatric disorders including psychoses
  - Post-ictal psychosis
  - Organic personality disorder
- > Cygnnet Brunel provides a Level 1 pathway for South West patients

The individually designed units facilitate a clear and distinctive care and treatment pathway for those affected by an ABI or Traumatic Brain Injury (TBI); where behaviours that challenge are the overarching impairment to recovery and rehabilitation.

Our rehabilitative pathway is led by an all-encompassing in-house clinical and medical team. The team ensure person-centred outcomes are maximised through interdisciplinary working, placing the individual at the heart of their own discharge planning.

## Our service at a glance

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behavioural management
- > Overview and stabilisation of medication
- > Treatment for co-morbid psychiatric conditions
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical health conditions



Scan the QR code or click here  
to watch a short video on  
Cygnnet Brunel

## Our in-house interdisciplinary team:

- > Neuropsychiatrist / Psychiatrist
- > Specialty Doctors
- > Clinical Psychologist
- > Occupational Therapists
- > Speech and Language Therapists
- > Physiotherapist
- > Clinical Hospital Manager
- > Clinical Head of Care
- > Nurses across RMN / RGN / RNLD disciplines
- > Support Workers

## Our services

**Ketch** creates a goal focussed Neuropsychiatric rehabilitation pathway. The therapeutic rich environment engages services users and offers them the opportunity to maximise their independence, providing post-acute specialist rehabilitation beds for NHS England. This unit is unique to the region and also accepts service users classed as both Level 1 and Level 2.

**Clipper** offers a safe a therapeutic setting, with facilities such as a sensory room for those affected by a Neurodegenerative condition which requires maintenance therapy and positive behavioural support which helps maintain function and manage disease progression. Quality of life is key to the unit's ethos.

**Pilot** supports individuals with a co-morbid diagnosis of ABI and Organic Behaviour Disorder. Bespoke treatment pathways help to manage impairments generated by both ABI and Mental Health conditions, ensuring symptom regulation is maintained for optimum recovery and quality of life.

**Yawl** offers a slower stream Neuropsychiatric Rehabilitation pathway for men affected by an ABI. The ward offers individuals an opportunity to maximise their skills through a slower stream approach. This enables them to transfer their skills into the community and day to day living, prior to their successful discharge.



### Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Communal lounges
- > Quiet rooms
- > Fully equipped gym
- > Multi-functional outdoor space including gardens
- > Sensory Room
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team



Our average length of stay is **11 months**



**100%**

of men discharged in 2023 were able to step down along their care pathway, or move closer to home



\*based on a 12 month period ending December 2023



For more information or to make a referral please call **0808 164 4450** or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

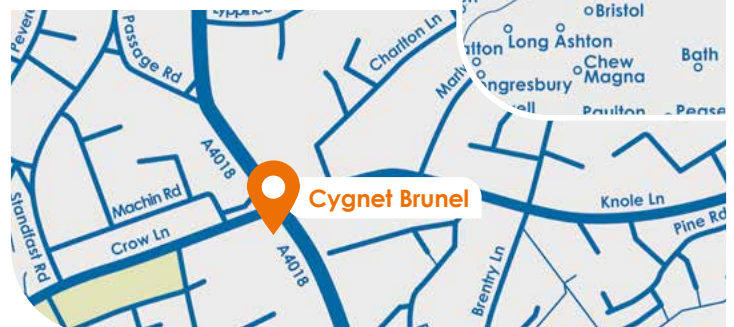
### Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnet Brunel**  
Crow Lane, Henbury, Bristol,  
South West BS10 7D

**Phone number**  
**0117 440 1080**



CYG-388 | Date of Preparation: 25/01/24

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