

Improving lives together

Community Rehabilitation (Level 1) Service for Men with Mental Health Needs

15 The Sycamores, Derbyshire



15 The Sycamores is a three bed community rehabilitation (level 1) residential service for men that have been able to progress through the hospital pathway at rehabilitation and recovery hospitals.

The Sycamores provides a stimulating environment for four residents of informal status who are ready to start their journey to independent living following a period of hospital treatment.



Male



18+ years



3 beds

Our service user profile:

- > May be on a Community Treatment Order (CTO), conditional discharge, or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
 - History of vulnerability
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a diagnosis of personality disorder
- > May have secondary diagnoses of mild learning disability or autism spectrum disorder

Our service at a glance

The Sycamores is located just off Junction 28 in the market town of South Normanton and two miles away from the busy Alfreton town centre. Residents have access to all of the local amenities, to ensure full integration into community life. The facilities available in the busy towns include gym, library, bowling, churches, leisure centres and the usual shops, hair salons, cafés and supermarkets.

Train and bus networks are nearby, allowing clients easy access to Alfreton, Sutton in Ashfield, Chesterfield and Mansfield. Nottingham, Sheffield and Derby are within one hour away via public transport.

Our dedicated team provides key support for the men in our care. The service empowers them to function to a higher therapeutic level with a careful reduction of staff interventions and clinical input. This gives them the freedom and independence to flourish and to develop their skills. They are positively encouraged to seek vocational employment and accommodation within their home area.



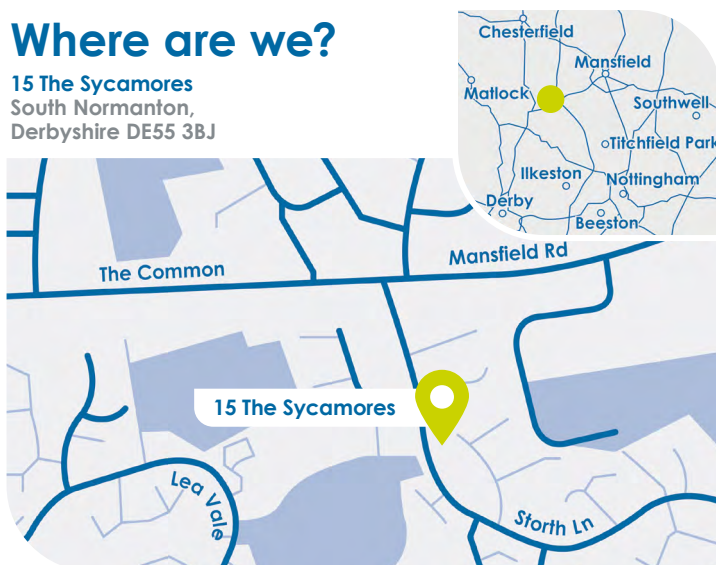


Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

15 The Sycamores
South Normanton,
Derbyshire DE55 3BJ



CYG-1517 | Date of Preparation: 31/10/25

Please visit cygnetgroup.com for more info | Follow us on social media: [f](#) [i](#) [in](#)

Integrity

Trust

Empower

Respect

Care