

Improving lives together

Community Rehabilitation (Level 1) Service for Men with Mental Health Needs

Malborn & Teroan, Nottinghamshire

Good



Accepting Referrals

Malborn and Teroan are both three-bed community rehabilitation (level 1) services for men who have been able to progress through the hospital pathway at rehabilitation and recovery hospitals. We offer a safe, comfortable and homely setting as part of the pathway from inpatient stay to independent living.



Male



18+ years



6 beds



Our resident profile:

- > May be on a conditional discharge or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > History of vulnerability
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a diagnosis of personality disorder
- > May have secondary diagnoses of mild learning disability or autism spectrum disorder

Our service at a glance

Malborn and Teroan are two adjoining three bed houses in Nether Langwith, Nottinghamshire, each house is arranged in a family setting with individual en-suite bedrooms, modern communal kitchen facilities, lounge areas, laundry facilities and gardens.

The service we offer focuses on continuing to practise life skills and coping strategies. We concentrate on community-based activities, the use of public transport, education and vocational therapy, job placements, work experience and development of hobbies and interests.

We are well placed for individuals to access the local community, set in a picturesque location in a small village, which has its own facilities including post offices, shops and pubs. The town of Shirebrook, with a leisure centre, market and Job Centre is only two miles away, accessible by bus or train.

For a more urban experience, Mansfield, Chesterfield, Worksop and Nottingham are within a reasonable distance and well-provided with public transport.




Person centred therapeutic timetable



Homely environment with 24-hour support



Supporting the men in our care to access education and vocational studies



Rated **GOOD** by CQC



We encourage family contact (where appropriate)



We empower the men we support to enable them to learn and practice skills and manage their illness in the community



Individuals are supported to have maximum choice and control of their lives



Staff support individuals in the least restrictive way possible and in their best interests



Peer support groups





Our community links:

- > Village location with post office, shops and pubs
- > Leisure centre
- > Job centre
- > Great public transport links
- > Libraries
- > Supermarkets
- > Cafés

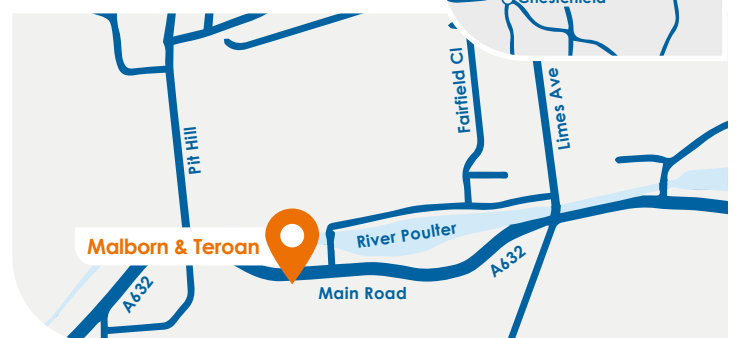
i For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via [0808 164 4450](tel:08081644450)/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Malborn & Teroan
Main Road, Nether Langwith,
Nottinghamshire NG20 9EN
Phone number
01623 748 392



CYG-1182 | Date of Preparation: 27/02/24

Please visit cygnetgroup.com for more info | Follow us on social media:



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