

Improving lives together

Community Rehabilitation (Level 1) Service for Men with Mental Health Needs

20A & 20B Turls Hill Road, Dudley

Good

Now taking
referrals

20A and 20B Turls Hill Road is a six-bed community rehabilitation (level 1) service for men who have been able to progress through the hospital pathway at rehabilitation and recovery hospitals. We can also accept referrals directly from the community.

We offer a safe, comfortable and homely setting where men can look forward to independent living with advantage of continuing to access the same multi-disciplinary team (MDT) at Cygnnet Sedgley House and Lodge.



Male



18+ years



6 beds

Our resident profile:

- > May be on a Community Treatment Order (CTO), conditional discharge, or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
 - History of vulnerability
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a diagnosis of personality disorder
- > May have secondary diagnoses of mild learning disability or autism spectrum disorder

Our service at a glance

The service has six bedrooms, all of which are ensuite. There is shared access to kitchen and living areas, and a large garden for residents to enjoy. We are well placed for individuals to access supermarkets, gyms, restaurants, libraries and parks with good transport links to Wolverhampton and Birmingham. Individuals placed from further afield are supported with travel training to enable them to visit their home area and build relationships with the community teams that they will utilise upon discharge.

Each individual's progress is reviewed on a monthly basis by a full multi-disciplinary team at an 'outpatients' clinic' at Cygnnet Sedgley House and Lodge. A weekly 1:1 session with allocated key-workers is on offer too, as well as meetings with a registered mental health nurse (RMN) and Registered General Nurse (RGN) to discuss medications and any other health concerns. For those who wish to, there is the option to continue regular psychology sessions, and attend day trips facilitated by the Occupational Therapy (OT) team.

Residents are given a weekly shopping budget to purchase fresh food. They are encouraged to cook independently, however, assistance is available if needed 24 hours a day. Regular community meetings give residents the opportunity to raise any problems or concerns with the environment.



Rated 'Good'
with the CQC



Peer
support groups



Option to continue
with regular
psychology sessions



Homely
environment
with 24-hour support



Supporting individuals
to access education and
vocational studies



Person-centred
therapeutic timetable



Support from
nurses (RMN & RGN)
where required



Promoting
family
involvement
(where appropriate)



We empower individuals
to enable them to learn and
practice skills and manage
their illness in the community



Our community links:

- > Local Colleges
- > Nearby gym with pool
- > Libraries
- > Supermarkets
- > Cafés
- > Transport links with Wolverhampton and Birmingham
- > Bullring shopping centre



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

20A & 20B Turl's Hill Road
Sedgley, Dudley DY3 1HG
Phone number
01902 664303



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