

*Improving lives together*

# Long Eaton Day Services Supporting Individuals with Learning Disabilities

Long Eaton, Nottinghamshire

Now taking  
referrals

Long Eaton Day Services specialises in supporting individuals with a primary diagnosis of a learning disability, in addition to those with complex health needs, physical disabilities and those with autism. We have a long history of enhancing the quality of life of the individuals who attend the service.

We have a focus on demonstrating outcomes and value through our activities, which are derived from our professionals, parents, carers and most importantly the individuals who spend their days with us.



Mixed  
gender



18+ years



25 placements

## Our guest profile:

- > Primary diagnosis of learning disability
- > May be wheelchair users
- > May have complex physical disabilities and require specialist interventions such as Percutaneous Endoscopic Gastrostomy (PEG) or Nasogastric Feeding (NG)
- > May have autism
- > May have communication difficulties
- > Require full time, specialist day services
- > Will be living at home or in a community setting such as a residential home



## Our service at a glance

Our services are led by three key disciplines: occupational therapy, physiotherapy and speech and language therapy. Our multi-disciplinary approach allows us to develop a clear and focused activity plan that works towards maximising an individual's potential and gaining the inputs as needed from the on site dedicated clinical team.

With our staff and a clinical team, our staffing model provides one member of staff for every two individuals as a minimum. This allows us to deliver a meaningful activity plan for each individual. Our activity plans are person centred and co-produced, each one taking into account our guests likes, dislikes and comfort zone.

We have different groups that run in different areas of the service to cater to a multitude of social, sensory and support needs. We also have facilities to enable those who would prefer to complete activities alone, to do so with the support of staff.

We provide dedicated transport that is available to and from home, as well as for regular trips out and about into the community and further afield.

Our days are flexible and with the involvement of the individual and their carers, we maximise the time that is spent while they are with us. Our service provides flexibility for families and carers, with opening times from 8am to 6pm Monday to Friday.

## Our facilities:

- > Equipment designed to optimise sensory experience and heighten relaxation
- > Spacious sensory rooms
- > Arts & crafts areas
- > Hydrotherapy room with heated pool and hoist
- > Items for the cinema room are soft and comfortable
- > Quiet zone
- > A fleet of buses to facilitate trips and outings

## Our activities

Sign language sessions



Social stories



Bowls



Monthly themed service fun days



Trips out



Music sessions



Independent living skills



Arts and Crafts



Fleet of buses for trips and outings, to nature parks, clubs and more



Sensory festival and social care sports day



Hydrotherapy room with hoist



### Our community links:

- > Elvaston Castle
- > Derby Assembly Rooms
- > Westfield Shopping Centre
- > Local cinema, restaurants and pubs
- > Nottingham town centre
- > Leisure centre
- > Twycross Zoo



For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Long Eaton Day Services**  
4 Milton Street, Long Eaton,  
Nottinghamshire NG10 1DS

**Phone number**  
0115 9728784



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