# Improving lives together

Specialist Residential Service for Adults with Autism and Learning Disabilities

Pines, Nottinghamshire

Good

Pines is a specialist residential service for adults with autism and who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the individuals we care for.







Cygnet

**Placements** 

now available

### Our resident profile

- Adults from the age of 17 years
- Individuals with a diagnosis of autism and learning disability
- May present with behaviours that challenge
- May have communication challenges
- May have associated complex needs
- May have an ECHP (Education Healthcare Plan)
- May be subjected to DoLS
- (Deprivation of Liberty Safeguards) or Care Orders



## Our service at a glance

Pines has 7 en-suite bedrooms as well as numerous communal spaces including lounge, dining room, sensory room, activity of daily living kitchen as well as a nice garden.

Located down a quiet lane, just a 15 minute drive from the bustling town of Mansfield, the individuals we support have access to a large amount of community facilities and activities, including horse riding, swimming and visiting the library.

As part of our care pathway, Pines enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to a better quality of life.

The team supports each resident to create person-centred activity planners and develop daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.





Easy read and other accessible information available to all residents

Supporting residents on holiday



to help plan person-centred 🕌



to enhance their skills and their social circles



Consistently 100% of individuals achieve over 25 hours of activities each week



Supporting individuals to fulfil their potential and achieve a meaningful life



**Excellent location** with easy access to Mansfield town and Nottingham



Resident produces own newsletter for other residents to read called 'Pines Times'



Residents meetings take place monthly including 'you said, we did'



Achieved the



### **Our facilities:**

- > En-suite bedrooms
- > Lounge
- > Dining room
- Garden
- > Sensory room
- > Activities of daily living kitchen





#### Our community links:

- > Whitepost Farm
- > Mansfield Museum and Art Gallery
- Sherwood Pines
- > Rufford Abbey Park
- > Alton Towers
- Water Meadow Leisure Centre
- > Retail parks and local shops
- > Cinemas and bowling alleys
- > Restaurants, pubs and cafés



For more information or to make a referral, please contact your regional Business Relationship Manager or email:

sc.referrals@cygnethealth.co.uk

- Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- Feedback is provided on whether our service can meet the individual's needs
- Detailed placement proposal is formulated to include care plans and funding information
- Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

### Where are we?

203 Park Hall Road, Mansfield Woodhouse, Nottinghamshire NG19 8QX

Phone number



Please visit cygnetgroup.com for more info | Follow us on social media:







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