## Improving lives together

# Specialist Residential Service for Adults with Autism and Learning Disabilities

## Beeches, Nottinghamshire

Beeches is a 12 bed specialist residential service for adults with autism and learning disabilities who may also present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



## Our service at a glance

Beeches has 12 en-suite bedrooms which are split across two living units, Witham and Trent. Each unit has plenty of communal living areas including kitchens, lounges and dining room. We also have a conservatory, multi-sensory room, IT suite and art and craft facilities. Externally we have two gardens, one of which being Pica-safe. There is plenty of space for individuals to take part in sports and activities as well as plenty of green space for them to relax and enjoy the peace and quiet.

The home is located near the towns of Retford, Worksop, Mansfield and Lincoln, providing easy reach to local amenities. This allows residents to benefit from a full range of community activities, including attending functions at the community hall, walks in the countryside, as well as other local amenities.



Our activity co-ordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

### Our facilities:

- > En-suite bedrooms
- Three lounges
- Conservatory
- > Multi-sensory room
- > Recreational and arts facilities
  - Two gardens, one tailored especially for individuals who have Pica diagnosis



referrals

Cygne

Mixed Gender 18+ years 12 beds in 2 living units

## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- May present with behaviours that challenge
- May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders



### **Our community links:**

- > Whitepost Farm
- > Mansfield Museum and Art Gallery
- > Newark Castle
- > RAF Waddington and Cranwell swimming
- > Grantham Mencap club
- > South Leverton Community Hall
- > Grove House Stables
- > Local pubs and restaurants
- > Cinema, library and other leisure activities
- > Great public transport links

# For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

### Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

#### Beeches

Retford Road, South Leverton, Retford, Nottinghamshire East Midlands DN22 0BY



Sheffield

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