# Improving lives together

Specialist Residential Service for Adults with Autism and Learning Disabilities



Beeches is a specialist residential service for adults with autism and learning disabilities who may also present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the people we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.











12 placements



#### The people we support:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

## Our service at a glance

Beeches features 12 en-suite bedrooms, thoughtfully across two living areas: Witham and Trent. Each area offers abundant communal living spaces, including kitchens, lounges, and dining rooms. Additionally, we provide a conservatory, a multi-sensory room, an IT suite, and dedicated art and craft facilities.

Outdoors, individuals can enjoy two gardens, one of which is Pica-safe, offering ample space for sports and activities, as well as tranquil green areas for relaxation and quiet enjoyment.

The home is located near the towns of Retford, Worksop, Mansfield and Lincoln, providing easy reach to local amenities.



This allows the people we support to to benefit from a full range of community activities, including attending functions at the community hall, walks in the countryside, as well as other local amenities.

Our activity co-ordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

#### Our facilities:

- > En-suite bedrooms
- > Three lounges
- > Conservatory
- > Multi-sensory room
- Recreational and arts facilities
  - Two gardens, one tailored especially for individuals who have Pica diagnosis

Home meetings for the people we support take place monthly

In-house multi-disciplinary team (MDT) including psychology, speech and language therapy and occupational therapy



Meeting individuals sensory needs through person-centred activities

Focussed on reducing restrictive practice



Easy read and other accessible information available to all



Newly refurbished sensory room



Wide range of activities available including arts and crafts, cookery and discos



Homely environment with 24 hours support



Carden tailored to meet the needs of individuals with a Pica diagnosis









For more information or to make a referral, please contact your regional Business Relationship Manager or email:

sc. referrals @cygnethealth.co.uk

Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement

If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team

Feedback is provided on whether our service can meet the individual's needs

Detailed placement proposal is formulated to include care plans and funding information

Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

### Where are we?



CYG-1037 | Date of Preparation: 01/09/

Please visit cygnetgroup.com for more info | Follow us on social media:

