

*Improving lives together*

# Low Secure Mental Health and Specialist Deaf Service for Women

**Lower West, Cygnet Hospital Bury - Dunes North West**



Accepting Referrals

Lower West at Cygnet Hospital Bury is our 12 bed Low Secure Mental Health and Specialist Deaf service. Lower West offers individualised assessment, care and treatment of a wide range of mental disorders, alongside complex communication needs and supports both hearing and Deaf women.

The hospital team includes both Deaf and hearing professionals who provide expertise and resources to support the individuals in our care. Service users may have communication needs alongside a mental illness, autism, learning disability or personality disorder. We support them to participate safely and as fully as possible in their care to achieve outcomes required to be discharged from hospital and continue their care pathway successfully.

All of our Mental Health and Specialist Deaf services use a recovery model and support each service user to achieve realistic goals by:

- > Establishing and understanding their communication style, how it has developed and the factors that are likely to impact upon communication and behaviour
- > Understanding the psychological, social, emotional and developmental impacts for people that have experienced language deprivation
- > Determining what potential a person has to improve communication and identify strategies and coping mechanisms
- > Developing highly individualised and accessible packages of care, in line with the All About Me Deaf Recovery Package



Female



18+ years



12 beds

## Our service user profile:

- > Women aged 18+ years
- > Mental Health Act Status: Detained under civil or criminal justice section
- > Complex communication needs which may relate to deafness alongside mental illness, personality disorder or learning disability
- > May require inpatient care as a result of significant risk of aggression, absconding self-harm, suicide or vulnerability
- > May or may not have a forensic history

## Our service at a glance

A highly specialised multi-disciplinary team provides supports women on Lower West, including a registered consultant with over 10 years' experience within deaf services, a dedicated speech and language therapist, and full in-house interpreting team.

We offer a total communication environment with care and treatment programmes that are tailored to each individual's needs. Our person-centred approach allows us to create bespoke care plans addressing both physical and mental health needs. The service has received national recognition for its pioneering work in making recovery and outcome-focused work meaningful and accessible.

All therapeutic programmes are adapted and delivered to make them meaningful and accessible based on individual language need. Service users have won national awards for service user involvement projects and coproduced the award-winning All About Me Deaf recovery package. The team on Lower West have experience in preparing complex aftercare packages to give each individual the best chance of success in the next stage of their recovery journey.

Cygnet Hospital Bury is a major employer of Deaf staff which is vital to providing accessible and quality services. Our highly experienced and skilled interpreting team alongside a Deaf communication and translation specialist, support high quality care.

## Our Model of Care





# 100%

of women discharged in 2023 were able to step down along their recovery pathway



Maintaining and restoring family links where appropriate

"All the staff have been really good to me, especially when I came home from hospital, they have offered me time, shown me respect and just been there for me." - Service user



Individualised therapy programmes are co-produced with the women in our care

Building community links and strong support systems in preparation for discharge



Working closely with nearby audiology team, who can fix or maintain hearing aids and cochlear implants

### Our community links:

- > Rochdale college
- > local cinema, bowling and shopping facilities
- > Local Deaf clubs across the North West
- > Canal and River Trust
- > Leisure facilities including swimming and gym

### Our facilities:

- > State of the art Recovery College including media suite
- > Sensory equipment
- > Occupational therapy kitchen
- > Therapy garden
- > Gym
- > Woodland walkways down to Elton Reservoir

For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

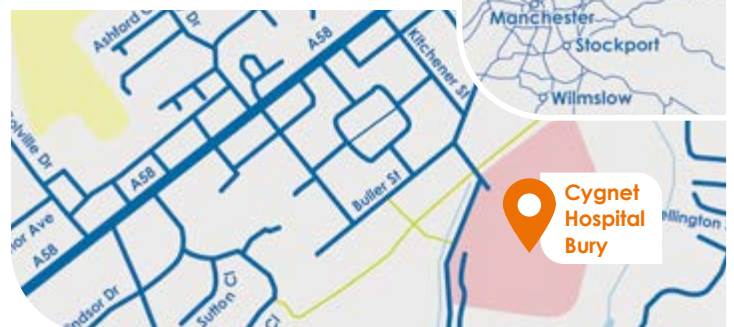
### Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

Cygnet Hospital Bury  
off Buller St, Bolton Rd, Bury,  
North West BL8 2BS

Phone number  
0161 762 7200



Cygnet Hospital Bury

CYG-989 | Date of Preparation: 22/01/24

Please visit [cygnetgroup.com](https://www.cygnetgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care