

Improving lives together

# CAMHS Acute Service

Now supporting  
young people  
with disordered  
eating



**NEW** - Now supporting young people with disordered eating

Wizard house is our 12 bed general adolescent acute service providing support for young people aged 12 to 18 across the gender spectrum who require inpatient care. The service is focused on helping them return home and is dedicated to helping young people maintain their school placements where possible. Admissions can be either formal or informal.

The aim of our service is to improve the mental health of young people, who require treatment in a general adolescent unit, by delivering tailored assessment and treatment packages in a safe, age appropriate environment, specifically, to reduce the risk of harm to self and/or others.

The service helps young people whose needs cannot be safely and adequately met by community Tier 3 CAMHS or specialist education facilities. This includes individuals with a mild learning disability or autism, who do not require Tier 4 CAMHS Learning Disability Services. We can now also support young people with disordered eating.



Mixed  
Gender



12 to 18  
years



12 beds

## Our service user profile:

- > Age 12-18 years
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Emotional, social and behavioural difficulties
- > May be detained under the Mental Health Act or informal
- > May have a forensic history
- > May also have the following co-morbidities as a secondary diagnosis:
  - Borderline / mild learning disability
  - Autism
  - Disordered eating



## Excel and Exceed Centre

Excel and Exceed Centre is the specialist provider of education for all young people admitted to Cygnet Hospital Bury. Teaching happens within a school unit, equipped with an ICT suite and an interactive whiteboard. The school also has access to a kitchen, gymnasium, outside courtyard and therapeutic garden.

## Curriculum

The intent of our school curriculum is to maintain and develop current educational pathways and/or promote future re-engagement with education, employment or training. In doing so, we believe that young people leaving our provision will stand the best chance of reintegration with community life and therefore a successful recovery journey.



We have collaboratively created our model of care which follows three key phases:

**Phase 1** - Pre-admission and Admission (the first 72 hours)

**Phase 2** - Formulation and Treatment (weeks 1-8)

**Phase 3** - Transition and Discharge (weeks 9-12)



### Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Training kitchen to support skills development
- > On-site Ofsted registered school
- > IT Café



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call **0808 164 4450** or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net). We will respond within 1 hour of receipt of full clinical information.

**1**

Referral made to Cygnet referrals team via **0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)**

**2**

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

**3**

Admission agreed and arranged with referring team following confirmation of funding

## Where are we?

**Cygnet Hospital Bury**  
off Buller St, Bolton Rd, Bury,  
North West BL8 2BS

**Phone number**  
0161 762 7200



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