

Improving lives together

# Low Secure Mental Health Service for Men

Good



Accepting  
Referrals



**Litchurch Ward is our male low secure service and can support up to 15 men who have mental health or dual/multiple diagnosis needs.**

We can accept admissions from a variety of settings, including secure, rehabilitation, community and emergency care settings. Our team take pride in their ability to complete comprehensive assessments within short time-frames.

We work collaboratively with service users and external professionals to support individuals who find it challenging to engage with treatment, and may have multiple diagnoses including personality disorders.

Litchurch Ward benefits from on-site step down options including Wyvern Ward, which delivers community-focused rehabilitation, allowing for positive risk taking and relapse prevention work. Where appropriate, we also support men transition directly to community placements.

Our highly-skilled dedicated Multidisciplinary team (MDT) deliver a variety of treatment and therapy options based on each individuals needs.



Male



18+ years



15 beds

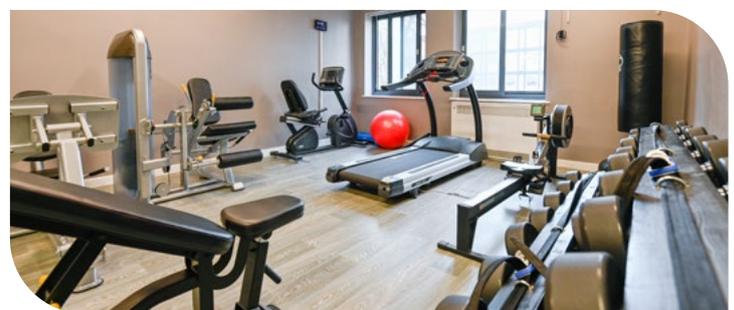


## Our service user profile:

- > Men, aged 18+ years
- > Primary diagnosis of mental illness
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

We offer a specific pathway designed for individuals in prison, who require a therapeutic environment to manage their mental health.

- > **Referrals and transitions:** We prioritize timely responses, conducting assessments within the prison and providing a prompt decision on the most appropriate pathway.
- > **Comprehensive Care Planning:** Our assessment program is built around the individual. We utilise cognitive and neurological insights alongside therapeutic input to create a holistic understanding of their strengths and needs.



We have a dedicated team of forensic, clinical and assistant psychologists who offer therapies including;

- > Dialectical Behaviour Therapy (DBT)
- > Schema Therapy
- > Psychodynamic Psychotherapy
- > Cognitive Behavioural Therapy (CBT)
- > Trauma work
- > Eye Movement Desensitisation and Reprocessing (EMDR)



Case Study

Click Here to Read Fred's Story of Recovery on Litchurch Ward



Social Hub on site co-produced with service users

Our dedicated MDT:

- > Consultant Psychiatrist
- > Speciality doctor
- > Social worker
- > Addictions and recovery worker, Forensic psychologist
- > Clinical psychologist
- > Occupational therapist



Good

Rated Good in all domains by the CQC

Building strong support networks, led by our Carer's Champions, who also arrange regular events



Cygnet Derby Social Hub

Our facilities:

- > En-suite bedrooms
- > External secure courtyard
- > Fully equipped gym
- > Art room at the Recovery College
- > IT suite
- > Therapy kitchen
- > Sensory room
- > Multi-faith room
- > Variety of activity & games rooms
- > Garden with outdoor seating
- > Lounge & dining rooms

"He's made a huge improvement at Cygnet Hospital Derby." - Parent

"I've been all over the country with my son in different hospitals and this is the best one. The team here have the same goals as me and my son and I trust the team." - Parent

Make a referral

- 1 Referral made to your regional NHS Partnerships Manager or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Derby  
100 City Gate, London Road, Derby, Derbyshire, East Midlands DE24 8WZ

Phone number  
01332 365 434



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