Improving lives together

Acute Service for Women

Orchid Ward, Cygnet Hospital Stevenage, **Hertfordshire**

Good

Cygnet

Accepting Referrals

Orchid Ward provides acute services for Women. We have a safe environment for individuals who are experiencing an acute episode of mental illness who need assessment and stabilisation.

The programmes we offer, underpinned by CBT (Cognitive Behavioural Therapy) as the core therapy, Support programmes to encourage service user involvement and participation, and are designed to help the person stabilise, recover and return home.

We aim to respond to all referrals within one hour of receipt of clinical information and prepare an individual care plan within 24 hours of a person's admission. We can admit people 24 hours a day, seven days a week.

The service can provide a robust, yet still therapeutic, environment, specifically designed to support individuals who are experiencing significant levels of challenge. All short-term interventions we offer are based on the CBT approach.







Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
- Acute mental illness
 - Acute depressive illness
 - Psychosis
- Schizophrenia
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
- Complex needs

Bi-polar disorder

Dual diagnosis

Personality disorder



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Trust

Empower

Respect

Care