

Improving lives together

Specialist PICU for Men

Tyler Ward,
Cygnnet Hospital Blackheath,
London

Good

Accepting
referrals

Tyler Ward is our 14 bed specialist PICU which provides assessment and treatment for men who are experiencing an acute period of mental illness. We accept urgent admissions from all over the country.

Individuals may come to us with complex needs, high levels of aggression and disinhibition. Our experienced Multi-Disciplinary Team (MDT) team includes an occupational therapist and activities co-ordinator who run a full programme of therapy and meaningful activity. The men in our care are supported to have at least 25 hours' of therapy a week.

Examples of the groups include art therapy and the 'Hearing Voices' group. Service users are encouraged to participate in these groups and, although their attendance and participation in these groups is not compulsory, they are seen by the MDT as an important part of care and treatment. Therapists also aim to do 1:1 work that links in to an individual's particular interests, which we identify upon admission.

"From admission on there are numerous examples of best practice. Despite the complexity and acuity of the ward population, a homely atmosphere is created and maintained. I have not once felt unsafe here." **Service User**



Male



18+ years



14 beds

Our service user profile:

- > Men, aged 18+ years
- > Detained under the Mental Health Act
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs



1

Referral made to
Cygnnet bed hub via
0808 164 4450 /
chcl.referrals@nhs.net

2

Feedback provided on
whether our services can
meet the service user's
needs within 1 hour of receipt
of full clinical information

3

Admission agreed and
arranged with referring
team following
confirmation of funding

For All PICU and
Acute Referrals
(Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnnet Hospital Blackheath
80-82 Blackheath Hill,
London SE10 8AD

Phone number
020 8964 2111



CYG-935 | Date of Preparation: 23/07/25

Please visit cygnnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care