

Improving lives together

Specialist High Dependency Complex Care Service for Men with Learning Disabilities

Redwood Ward,
Cygnet Hospital Taunton, Somerset

Good



Beds
Available
Accepting
Referrals



Redwood Ward at Cygnet Hospital Taunton is a 13 bed high dependency complex care service for men with learning disabilities and / or autism, and associated complex needs who may also have behaviours that challenge.

Each individual in our care has a tailored care pathway designed to help them build essential skills for transitioning to a more independent setting. Our ward includes a transitional pathway that supports individuals in planning for their discharge and next steps.

With a focus on discharge from the outset, the team place the individual at the heart of their care, developing collaborative plans detailing achievements, skills, challenges and aspirations. We support individuals who may have had a breakdown of a previous placement, a hospital or community setting.

"Thank you for the work that you are doing with him. He is so relaxed, it was so nice to see. It seems like he is forging friendships - beautiful to see, I have not seen in other settings."
- Social worker



Male



18+ years



13 beds

Our service user profile:

- > Primary diagnosis of learning disability and/or autism, and mental health complex needs
- > May present with co-morbid presentations:
 - Complex needs and/or multiple diagnoses
 - Challenging behaviour
 - Personality disorder, schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
- > May be detained under the Mental Health Act or informal
- > May have a history of repeated hospital admissions
- > May have a forensic history, and/or be stepping down from a secure pathway



Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Specialty Ward Doctor
- > Psychologist
- > Nurses (RNLD, RMN & RGN)
- > Healthcare Support Workers
- > Occupational Therapist
- > Social Worker
- > Speech and Language Therapist
- > Occupational Therapy Assistants
- > Mental Health Act Administrators
- > Clinical Administrator
- > Independent Mental Health Advocates

Our service at a glance

The service is set in 10 acres of land surrounded by farmland. This quiet and tranquil setting is perfect for the men we support to enjoy the countryside. With great transport links, the team encourage and support individuals to be part of the local community. Taunton town centre offers contrast to the quieter country life with market places, shopping malls and many other entertainment areas such as restaurants, theatres and cinemas.

Inside the service each individual has their own en-suite bedroom, communal spaces including lounge, dining room, conservatory and a therapy room. Externally there is a sensory garden, horticultural area where service users are learning how to grow their own herbs, as well as plenty of outdoor space for parties, sports and BBQs.

In addition, we are able to work with individuals who may present with specific high risks through the use of evidence based risk assessments. The team supports individuals in behaviour management, emotional regulation and offence-related work.

Redwood Ward supports the provision of care closer to home for men with a learning disability, and further strengthens our national network of specialist pathways.

★ ★ ★ ★ ★
 Rated **'Good'**
 by the CQC



Involving family and carers
 as much as possible
 (where appropriate)



Supporting individuals who
 are on their care pathway to
independent living



MDT offer
drop in sessions
 on top of
 scheduled therapy



Regular community meetings,
 individuals have their say
 on the way the service is run
 including making plans for
 the week ahead



In 2025, **89%** of the men
 we discharged were able to
step down along their
care pathway

★ ★ ★ ★ ★



Easy read and other
accessible information
 available to service users



Wide range of activities
 chosen by service users

Person-centred meal planning
 including shopping an cooking in
 the therapy kitchen




Supporting individuals
 to gain **voluntary work**
in the community

On site
allotment
 for service
 users




Our community links:

- > Local town centres of Taunton and Exeter
- > Voluntary work placements
- > Leisure centre / gym
- > Cinema and shopping
- > Men in Sheds
- > Restaurants and cafés
- > Countryside walks
- > Close relationship with Taunton Football Club
- > Local YMCA for recreational activities

Our facilities:

- > En-suite bedrooms
- > Spacious communal lounge
- > Garden with outside seating including a horticultural area
- > Social space conservatory, with activities and games
- > Dining room
- > Therapy kitchen
- > Conservatory
- > Internal sensory garden
- > Social Hub
- > In-house library
- > Allotment

Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnat Hospital Taunton
 Orchard Portman, Taunton,
 Somerset, South West TA3 7BQ
Phone number
 01823 336 457



CYG-925 | Date of Preparation: 14/07/26

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Integrity

Trust

Empower

Respect

Care