## Improving lives together

# Acute Service for Women

Hooper Ward is Cygnet Hospital Beckton's 13 bed acute mental health service for women. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of this service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

### Our Model of Care





For All PICU and Acute Referrals (Adults and CAMHS)

D 0808 164 4450 x→ chcl.referrals@nhs.net Cygnet bed hub via 0808 164 4450 / chcl.referrals@nhs.net

**Referral made to** 

2 Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

Admission agreed and arranged with referring team following confirmation of funding



#### Our service user profile:

- > Women, aged 18+ years
- May be informal or detained under the Mental Health Act
- Experiencing an acute episode of mental illness requiring a crisis admission
- Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
  - Schizophrenia

#### > May present with co-morbid presentations:

- Self-harm
- Substance misuse issues
- Bi-polar disorder
- Personality disorder

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Accepting referrals

- Dual diagnosis
- Complex needs

Care



#### Where are we? **Cygnet Hospital Beckton** Colches 23 Tunnan Leys, Beckton, xford Chelmsford<sup>2</sup> London E6 6ZB Southe London Phone Slough Mar • Croydon 020 7511 2299 gstoke Guildford Maidstone Winchester Newa Folk Brighton Portsmouth Eastbourne Tunnan Leys Cygnet Hospital Beckton Bradymead Downings Downings Covelees Wall

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