

Supporting women with an Eating Disorder and co-morbid Emotionally Unstable Personality Disorder

Sunrise Ward, Cygnnet Hospital Ealing, London

Sunrise Ward, our highly specialised **eating disorder service** at Cygnnet Hospital Ealing is offering 4 beds for a new innovative pathway for women who have an **eating disorder** with co-morbid **EUPD (Emotionally Unstable Personality Disorder)**.

Both diagnoses can be treated simultaneously, with the appropriate specialist therapeutic input provided by our highly experienced multi-disciplinary team.

The service offers a phased treatment pathway which aims to help the individual understand and plan their journey through treatment. We focus on the need for treatment to be **collaborative** with the women we support, taking account of individual needs, driven by **multi-disciplinary understanding**, support and interventions.

We focus on supporting individuals to attain a healthy BMI and prepare to return home.

The team are highly experienced in providing naso-gastric (NG) feeding and can offer this support upon admission when required.

We now also offer **Integrated Care Board (ICB) funded placements** as well as the **Local Provider Collaborative (LPC) beds**

Our service user profile:

- > Female, aged 18+ years
- > Primary diagnosis of eating disorder
- > Co-morbid diagnosis of EUPD (Emotionally Unstable Personality Disorder)
- > May be detained under the Mental Health Act or informal
- > Dual diagnosis of Autism Spectrum Disorder (ASD)
- > Extremely low BMI
- > May have co-morbid presentations including:
 - Self-harm
 - Self-neglect
 - History of substance misuse
 - Complex behaviours that challenge
 - Other associated complex needs
- > May have a history of trauma and/or abuse
- > May require nasogastric feeding

Our multi-disciplinary team:

- > Hospital manager
- > Clinical manager
- > Ward manager
- > Consultant psychiatrist
- > Specialty ward doctor
- > Psychologist
- > Occupational therapist
- > Social worker
- > Nurses (RGN & RMN)
- > Dietitian
- > Music facilitator
- > Art therapist

i For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net or contact your regional Business Relationship Manager

Our referral process:

- 1 Referral made to Cygnnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net or your regional Business Relationship Manager
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Cygnnet Hospital Ealing
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