

Improving lives together

# Low Secure Mental Health Service for Men

Greenacre Ward,  
Cygnet Hospital Woking, Surrey

Good



Accepting Referrals

Greenacre Ward is a low secure service for men with mental health needs. We can support individuals that may present a risk to themselves or others, including those that have been involved with the criminal justice system.

Our teams across our secure services focus on recovery, reducing the time individuals have to spend on the ward. Minimising length of stay is a key focus and our secure wards benefit from being part of our integrated pathways of care, which aim to smooth transitions and shorten lengths of stay. These pathways include our neighbouring male mental health rehabilitation service at Cygnet Lodge Woking.



Male



18+ years



18 beds

## Our service user profile:

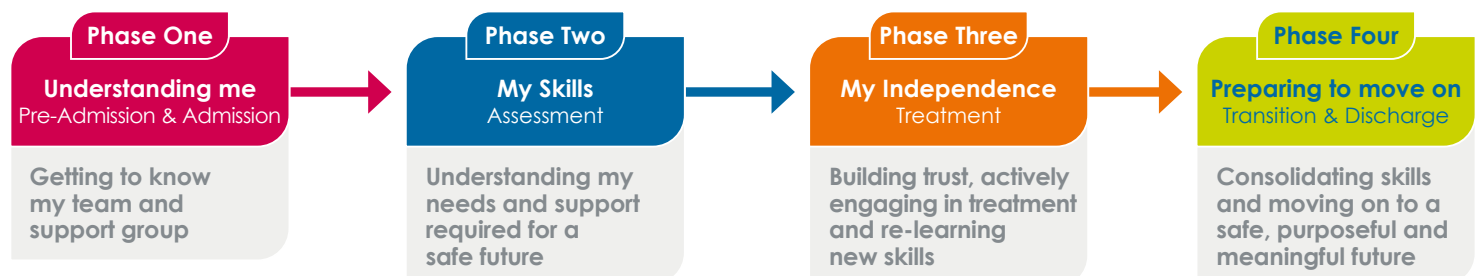
- > Men, aged 18+ years
- > Detained under the Mental Health Act, including those under Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > Presenting active or potential risk to others
- > Have a diagnosis of:
  - Severe and enduring mental health problems
  - Psychotic disorder
  - Schizoaffective disorder
  - Schizophrenia
  - Personality disorder
- > May be exhibiting behaviours that challenge
- > May have dual diagnosis with substance misuse

## Prison Transfer Programme

- > We also offer a specialised three month prison transfer programme, for assessment of prisoners whose mental health needs cannot be met in the prison environment
- > **Referrals and assessment:** We provide a rapid response to referrals, assessment within the prison environment, quick decision on suitability for transfer within five working days and liaison with MOJ over transfer warrants
- > **Comprehensive inpatient assessment:** Twelve week assessment programme including full diagnostic and risk formulations, IQ and neurological assessments, treatment plan and prison pathways if necessary

Our Psychology Department undertakes specialist psychological assessments, including personality, risk and neuropsychological assessments. They also provide individual, group and family interventions. A range of evidence-based therapeutic approaches are offered, including:

- > Cognitive Behavioural Therapy (CBT)
- > Dialectical Behaviour Therapy (DBT)
- > Eye Movement Desensitization and Reprocessing (EMDR)
- > Acceptance and commitment
- > Motivational interviewing
- > Solution focused approaches and family work





Service users can take part in a range of activities including:

- > Swimming sessions
- > Walking groups
- > Cycling groups



Brand new **social hub** co-produced with service users



Access to a local GP who visits weekly

Access to a music studio



Service users can benefit from access to a fully equipped **gym and gym instructor**



The hospital benefits from access to a Buddhist Temple nearby, as well as a chaplain who visits weekly



On-site art gallery featuring service users' work



### Multidisciplinary team (MDT) consisting of:

- > Clinical Psychologist
- > Assistant Psychologist
- > Consultant Psychiatrist
- > Occupational Therapist
- > Practice Nurse
- > Ward Manager
- > Specialty Doctor
- > Mental Health Nurse
- > Support Workers
- > Social Worker



## Make a referral

- 1 Referral made to your regional **NHS Partnerships Manager** or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnet Hospital Woking**  
Redding Way, Knaphill, Woking, Surrey GU21 2QS

**Phone number**  
01483 795100

