

Improving lives together

Low Secure Mental Health Service for Men

**Shelley Ward,
Cygnat Hospital Bierley,
Bradford**

Accepting
Referrals

Shelley Ward is a 16 bed male low secure service, providing recovery based treatment for men with enduring mental illness and who may have a dual diagnosis.

Many of the people we support have a significant forensic history and we work closely with external agencies including the Ministry of Justice and MAPPA. Individual sex offending treatment is offered on Shelley Ward and RSVP (the Risk of Sexual Violence Protocol) is used on the ward to evaluate risk.

The aim of the people we support is to support individuals to transition towards independent living, or the least restrictive environment. The teams on our secure wards monitor, manage and reduce risk, whilst balancing therapy and security and preparing service users to lead full and independent lives. Care planning is in alignment with My Shared Pathway and is designed to promote recovery.

Shelley Ward benefits from our regional network of step-down mental health rehabilitation and specialist services, enabling local care pathways for service users to remain close to home and in the least restrictive environment.

The hospital is conveniently located just off the M62, in a quiet suburb of Bradford, with strong links to the local community.



Male



18+ years



16 beds



Our service user profile:

- > Men, aged 18+ years
- > Primary diagnosis of mental illness
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Therapy Programme

The therapy programme aims to:

- > Provide psychological assessment and treatment including individual and group therapies
- > Provide rehabilitation tailored to individual needs
- > Identify recovery goals in collaboration with the service user
- > Help service users regain independence by maximising skills potential
- > Work with local services to aid reintegration into the community
- > Balance security and therapy
- > Access to a standardised treatment programme for those with a history of substance misuse is available via individual and group therapy



Our Model of Care

Phase One

Understanding me

Pre-Admission & Admission
Getting to know my team and support group

Phase Two

My Skills

Assessment
Understanding my needs and support required for a safe future

Phase Three

My Independence

Treatment
Building trust, actively engaging in treatment and re-learning new skills

Phase Four

Preparing to move on

Transition & Discharge
Consolidating skills and moving on to a safe, purposeful and meaningful future





Seasonal **activities and celebrations**

Regular events for families, friends and carers



On-site social hub
co-produced with service users



Support for
substance misuse

**Vocational and
educations** programmes



Our facilities:

- > En-suite bedrooms
- > Secure courtyards, including outdoor therapy space and gym equipment
- > Polytunnel
- > ADL kitchen
- > Therapy and activity spaces including group room, art room and IT classroom
- > Sensory room
- > Gym

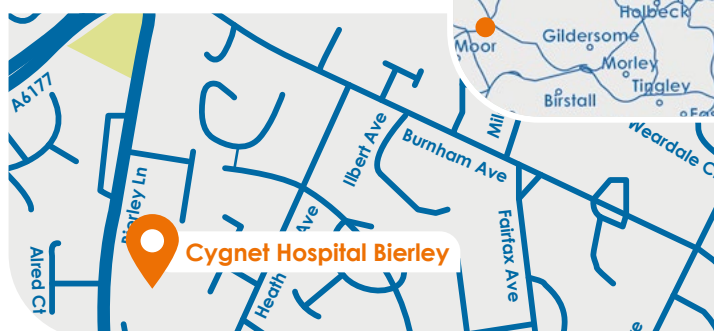
Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Hospital Bierley
Bierley Lane, Bradford, West Yorkshire,
Yorkshire and Humber BD4 6AD

Phone number
01274 686767



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