

Improving lives together

# Low Secure Mental Health Service for Women

Bronte Ward,  
Cygnet Hospital Bierley,  
Bradford



Accepting  
Referrals



Bronte Ward is our 15 bed female low secure service, offering assessment, recovery-based treatment and rehabilitation for women who have ongoing and challenging mental health problems and may have a dual diagnosis.

Women admitted to Bronte Ward may have a history of involvement in the criminal justice system and exhibit risk behaviours such as aggression or self-harm. We are able to support women with a secondary diagnosis of personality disorder.

The aim of our secure services is to support individuals to transition towards independent living, or the least restrictive environment. The teams on our secure wards monitor, manage and reduce risk, whilst balancing therapy and security and preparing service users to lead full and independent lives. Care planning is collaborative and person-centred and is designed to promote recovery.

Bronte Ward benefits from our regional network of step-down mental health rehabilitation and specialist services, enabling local care pathways for women to remain close to home and in the least restrictive environment.

The hospital is conveniently located just off the M62, in a quiet suburb of Bradford, with strong links to the local community.



Female



18+ years



15 beds



## Our service user profile:

- > Women, aged 18+ years
- > Primary diagnosis of mental illness
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

## Therapy Programme

The therapy programme aims to:

- > Provide psychological assessment and treatment including individual and group therapies
- > Provide rehabilitation tailored to individual needs
- > Identify recovery goals in collaboration with the women we support
- > Help women to regain independence by maximising their skills
- > Work with local services to aid reintegration into the community
- > Balance security and therapy
- > Give access to a standardised treatment programme for those with a history of substance misuse via individual and group therapy



## Our facilities:

- > En-suite bedrooms
- > Secure courtyards, including outdoor therapy space and gym equipment
- > Polytunnel
- > ADL kitchen
- > Therapy and activity spaces including group room, art room and IT classroom
- > Sensory room
- > Gym



"The ward here is great and the staff are lovely, you really have some amazing staff here." - service user

Regular inter-ward events including seasonal, cultural and religious celebrations



Brand new social hub featuring games consoles and recording studio



Encouraging co-production through community meetings, the people's council and Expert by Experience programme

Large outdoor space for sports, games and socialising



For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

#### Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

Cygnet Hospital Bierley  
Bierley Lane, Bradford, West Yorkshire,  
Yorkshire and Humber BD4 6AD

Phone number  
01274 686767



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